

Canton Observer

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THE WEEK AHEAD

Holiday closings: Canton Township offices will be closed Wednesday and Thursday, Dec. 31 and Jan. 1 for the New Year holiday. Offices in the administration building, 1150 S. Canton Center Road, will reopen at 8:30 a.m. Friday, Jan. 2.

■ **Administrative offices** at Summit on the Park will be closed Dec. 31 and Jan. 1 as well. The community center will be open to the public for swimming and other activities 8 a.m.-2 p.m. both days

■ **The Canton Public Library** will be closed on Dec. 31 and Jan. 1. The library will re-open at 9:30 a.m. Friday, Jan. 2. Regular weekend hours of 9:30 a.m.-5 p.m. Saturday and noon-5 p.m. Sunday will be in effect.

■ **The Western Townships Utilities Authority** will be closed Wednesday, Thursday and Friday, Dec. 31-Jan. 2.

■ **Regular garbage pickups** will be made on New Year's Eve day. Pickups normally scheduled for Thursday will be made Friday, Dec. 26 and Friday, Jan. 2.

MONDAY

Must see TV: Cable viewers can catch a 90-minute block of local programming on Channel 10 (MediaOne) and Channel 12 (Americast) beginning at 7 p.m. weeknights.

WEDNESDAY

Early edition: Your Canton Observer will be delivered a day ahead of schedule this week. Look for the paper on your doorstep or at the store by Wednesday afternoon.

INDEX

■ Obituaries	A3
■ Classified	K3
■ New Homes	G1
■ Real Estate	G3
■ Rentals	G6
■ Crossword	G8
■ Job/Careers	K1
■ Taste	B1
■ Malls	B4
■ Arts & Leisure	D1
■ Sports & Recreation	E1
■ Health News	E5

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Restaurant spices up celebration



BY VALERIE OLANDER
STAFF WRITER

New Year's Eve has become the hottest time of the year at Sze-Chuan Canton and other area Chinese restaurants. The Sze-Chuan staff is gearing up for a busy Wednesday, says owner and Canton resident Sonny Wang.

Anyone familiar with Sze-Chuan Canton will know where the hottest place to be on New Year's Eve is. Yes. We're talking literally, here.

Lots of water will be available for those who plan to over-indulge on spice. The restaurant is tucked away in a small strip mall on Ford Road, across

from Meijer, but has drawn faithful patrons from all over Wayne County since 1981.

Staying safe and sober, A3

"It's our busiest day. It's crazy. Lots of carry outs," said owner Sonny Wang, who also lives in Canton. He doesn't know why Chinese food

has become a year-end tradition for Americans, especially since the American New Year and Chinese New Year don't coincide.

This year the Chinese New Year is on Jan. 28 (typically it's in February) and will be celebrated in New York's and San Francisco's China districts. However, a celebration hasn't been planned for Canton, Michigan. (There is likely a celebration planned for the former city of Canton in southeast China, now named Kwangchow.)

"(According to Chinese myth) a monster comes out at the end of every year and starts eating people. After midnight, the survivors come out to cele-

brate. There's fireworks. People are celebrating from midnight until the early hours of the morning," said Wang.

The year of the cow will be replaced with the year of the tiger in 1998.

But the Chinese tradition will have to wait a few weeks while the Americans rush in its New Year this week with Dick Clark's New Year's Rockin' Eve in Times Square and the traditional singing of "Auld Lang Syne."

Since 1981, Sze-Chuan has earned itself a reputation for its menu of Ta-Chien Chicken and Hunan Spicy Shrimp among other eye watering deli-

Please see RESTAURANT, A2

Rose Bowl-bound



STAFF PHOTO BY BILL BRISLER

On their way: U-M band members (back row, from left) Tiffani Natalini (Canton High School), Rob Schikora (Catholic Central), Geoff Kandes (Catholic Central); and (front row, from left) Chad Peterson (Catholic Central), Bianca George (Canton High), Laura Mortiere (Canton High), and Cathy Shasko (Canton High) will perform at the Rose Bowl Thursday.

Marching off to Pasadena

BY DIANE HANSON
SPECIAL WRITER

Eight University of Michigan students from Plymouth and Canton will make "Hail to the Victors" sound even sweeter on Jan. 1.

The University of Michigan Marching Band members will be among the 235 selected from the 400-member band to travel to Pasadena, Calif., on

Dec. 28 to perform at the 109th Tournament of Roses Parade and 84th Rose Bowl game.

"It's pretty exciting," said freshman Laura Mortiere. "I never thought I would be doing something like this." Mortiere, a 1997 graduate of Plymouth Canton High School, plays the snare drum and was a four-year member of the Plymouth-Canton Marching Band.

"I don't think I would be in the Michigan Band if I didn't do high school band," Mortiere added. "I think it was a really good experience."

Practice for the prestigious event began the day after Christmas, according to senior Robert Schikora. A history major, Schikora plays the

Please see ROSE BOWL, A2

Ice carving duo ready for local festival, Olympics

BY DIANE GALE ANDREASSI
SPECIAL WRITER

Maybe it's the numbing effect of the cold, or the detailed beauty of the artists' talent, but it almost seems that the two women dancing will come to life.

Instead, they're frozen in ice and their life expectancy is subject to the sun's intensity as they take form outside the Penn Theater in downtown Plymouth on a Sunday afternoon in late December.

Ted Wakar of Canton and Jim Bur of Eastpointe scrape and saw the ice as they practice the same design they plan to use at the Nagano Olympic Winter Games this winter. While it's not an official medal event during the Olympics, competitions are held during the accompanying Karuzawa Ice Festival, a cultural program associated with the winter games.

Their names are also synonymous with the Plymouth International Ice Sculpture Spectacular. This year's 16th annual event is Jan. 14-19.

Bur and Wakar will go on to compete in the World Championship Ice Carving, also in Japan, following the Olympics. In fact, they were the first non-Japanese ice carvers to ever win a team world championship in 1996 during the 37th Annual World Ice Sculptors Competition held in Asahikawa, Japan.

Watching Wakar, 35, and Bur, 31, transform the 400-pound blocks of ice, the long-haired women with chiseled features, are balancing each other as they pull away in their ring around the rosy dance.

Peace theme

Because the theme of the Winter Olympics is peace, their sculpture, named "Rejoice in Peace," represents unity and dependence on one another. In ice sculpting, everything is dependent on balance and symmetry and if something is out of sync, the sculpture falls. "It either looks great, or it breaks," Bur said, adding that if it does break there's an alarm sound that the cracking ice makes. "You hear that sound and you hold your hands out and hope you catch it."

Wakar and Bur maintain a willingness to change their design at a moment's notice. Sometimes there's nothing that can be done. Other times, they accommodate the break. "You have to be able and willing to make the change," said Bur, who has a degree in industrial design from Wayne State University.

Each year during the Plymouth International Ice Sculpture Spectacular, Wakar watches the weather in Chicago to guess what will happen locally in the next four to six hours.

Please see ICE CARVERS, A2



STAFF PHOTO BY BILL BRISLER

Practice: Canton resident Ted Wakar (left) and partner Jim Bur work their ice-carving magic earlier this month in Plymouth. The pair will carve an identical piece at the Winter Olympic Games in February in Nagano, Japan.

Three men face trial in robbery

■ GAS STATION HOLDUP

BY TEDD SCHNEIDER
STAFF WRITER

Three men charged with the Dec. 15 armed robbery of the Total gas station at Ford and Canton Center were bound over for trial Friday after waiving separate preliminary examinations in 35th District Court.

Two of the three have also been charged with a similar robbery during November in Livonia. All have pleaded not guilty in both incidents.

Judge Ron Lowe denied defense attorneys' requests to lower the bond for Anthony Smith, 25, of Detroit and Willie Carroll, 21, of Inkster, charged in both incidents. Cash bond was continued at \$100,000 for Smith and \$10,000 for Carroll.

Both were remanded to the Wayne County Jail pending a Jan. 9 arraignment in circuit court.

Rita Young, Carroll's attorney, said her client was set to enter the Air Force on Jan. 21. "I understand there is (another) case pending but he's got family support and he's been living in Inkster with his father."

Carroll is charged with one count of armed robbery and one count of carrying a concealed weapon in a motor vehicle.

David Cripps, Smith's attorney, also said his client had family support. But Dana Nessel, assistant Wayne County prosecutor, argued that Smith is on probation for a prior drug conviction.

Smith, the alleged gunman, is charged with one count of armed robbery and one count of possession of a firearm during the commission of a felony. Smith has been charged as an habitual offender, with stiffer sentencing guidelines upon conviction.

A third defendant in the Canton robbery, Sherron Franklin, 21, of Detroit, will also be arraigned in circuit court

Please see ROBBERY, A2

Callers ringing up new 734 area code

Canton residents and businesses have almost seven months to get used to their new area code.

The 734 area code, which went into effect earlier this month, will become the sole area code for much of western Wayne County on July 25. Until then, callers will be able to get through using either one.

Other affected Wayne County communities include Plymouth, Plymouth Township, Garden City, Livonia and Westland. The change also affects most of Washtenaw County, including Ann Arbor.

Greater Detroit will retain the 313 area code, including Redford and portions of Westland. This area includes Hamtramck, Highland Park, Dearborn, Dearborn Heights, the city of Detroit, Melvindale, Allen Park, Lincoln Park, Ecorse, River Rouge, Harper Woods, the Grosse Pointes and portions of Inkster, Taylor and Romulus.

Seven-digit numbers will not change as a result of the new 734 area code. Ameritech officials said Ameritech's rates will not be affected by the area code change.

The area code was changed because southeastern Michigan has experienced what Ameritech calls an "explosive" demand for telephone numbers for several telecommunication services, including fax machines, cellular phones, pagers, voice mail, computer modems and additional phone lines.

The region would literally run out of phone numbers, if the change were not made, Ameritech officials said.

Most of Livonia switches from the 313 to 734 area code, but the 248 area code remains in an area of the city roughly north of Curtis. The northeast corner of Livonia will switch from 313 to 248 next March.

Everything south of Curtis will be within the 734 area code.

In Westland, the 313 area code will remain in the southeast corner of the city in an area bounded by Ann Arbor, Harrison, Inkster and Van Born. The remainder changes to 734.

Ameritech cellular users will have the option to decide whether they change their area code. Users of cellular phones from other companies should contact those companies about the changes.

Business owners also should contact their telecommunication vendors about changes needed in software or default functions in their computers to communicate with the 734 area code, Snyder said.

For information, call Ameritech's information hotline at 1-800-831-8989.



Getting ready: Sonny and Pallas Wang take a breather while preparing for a busy New Year's Eve at Sze-Chuan Canton.

Schoolcraft choir auditions set

Experienced singers of all voice parts are invited to audition for the Schoolcraft College Community Choir. The choir will hold auditions for new members Tues. Jan. 13 and Tues. Jan. 20 at 7:30 p.m. in St. Paul's Presbyterian Church, 27475 Five Mile Road in Livonia.

The 50-voice choir, under the direction of Donald Stromberg, includes both Schoolcraft College students and experienced singers of all ages from communities throughout the metropolitan area. Participants may elect to receive regular academic credit through the College for participation in the choir.

To schedule an audition, contact choir president Shari Clason at (248) 349-8175 or Schoolcraft's Liberal Arts Department at (734) 462-4435.

Restaurant

from page A1

Some want DD or DDD. I don't like it that way myself. Once it's hot, there's nothing else you can taste, just hotness.

Sonny Wang

Wang laughs. "I don't like it that way myself. Once it's hot, there's nothing else you can taste, just hotness."

Other Chinese restaurants have attempted to recreate the General Tso's Chicken dish, but Wang says no one has been able to decode his secret sauce recipe.

Like any Dec. 31, it will be an amateur night for those selecting the proper portion of spice. The spice meter at Sze-Chuan is measured as follows: A is "Spicy, but not hot"; B is "slightly hot"; C is "medium hot"; and D is "full strength."

"Some want DD or DDD," Wang says.

Wang, 46, and his wife Pallas live in Canton.

The hours have been extended from 11:30 a.m. to 11 p.m. on New Year's Eve. On New Year's Day it will be open from 5 p.m. to 9:30 p.m.

Rose Bowl

from page A1

quints (a group of five tenor drums). This is his fourth year in the U-M band and his first trip to the Rose Bowl. Schikora, who played in the Catholic Central band, found the U-M band to be "a phenomenal experience. You have tons of friends and you learn a lot of good lessons like healthy competition and how to interact with people and overcome challenges."

Part of that challenge is fitting hours of practice into a full load of classes and work. Schikora pointed out that the band practices "just as much as the football team."

Mortiere agreed, adding that the practice was similar to what she was accustomed to in high school. "We practice five days a week after school from 4 p.m. to 6:15 p.m.," she said. "We have a sectional one night a week and we practice Saturday before the game." The intense practice schedule won't let up much during the trip. "The days are pretty much full," admitted Schikora. "This is the busiest bowl you could possibly be involved in."

Schikora said they will play at pep rallies and alumni functions as well as at Disneyland on Dec. 30. There will be some time for fun after the Disneyland performance he said. And how about a New Year's Eve party?

Schikora said the party on the 31st will be rather subdued. "It's

During halftime, the marching Wolverines will present an eight-minute Latin performance of 'Malaguena' and 'El Toro Caliente.' Band member Rob Schikora describes the show as 'strong stuff.'

The high-stepping marchers will return to Michigan on Jan. 2. As a senior graduating in May 1998, Schikora said, "This is the best way we could possibly hope to go out!"

Other Plymouth- and Canton-area musicians headed for the Roses are senior Michael Bishop, trombone; senior Geoff Kandes, trombone; junior Tiffany Natalini, flag; sophomore Chad Petersen, trumpet; senior Kathy Shaako, tenor saxophone; and senior Bianca George, horn.

Reserve band members who will cheer from home include sophomore Jahl Chappell, clarinet; sophomore Catherine Fry, clarinet; junior Redcloud George, euphonium; and freshman Joel Smigell, percussion.

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Robbery

from page A1

On Jan. 9, Franklin is out on a personal bond.

Franklin is charged with one count of armed robbery.

If convicted on the robbery charges, all three face a maximum life prison sentence.

Police said two men wearing hockey masks robbed the total station at 11:44 p.m. One was armed with a shotgun and ordered the clerk to open the cash register. The clerk was shoved into a bathroom.

The defendants were arrested just before 1 a.m. Dec. 16 when Livonia police stopped a van on Six Mile, near I-275.

In the Livonia holding, two men, both wearing masks, walked into a Mobil station at Six Mile and Farmington Road just before 12:30 p.m. on Nov. 26 and ordered the clerk to open the cash drawer. One held what was described as a long-barreled rifle or shotgun.

The men put the clerk in a closet and told him not to move for five or 10 minutes, a Livonia police report said.

They left with about \$700.

Police believe the defendants may have been involved in a second Livonia robbery on Dec. 10 at a Clark station at Eight Mile and Merriman.

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Zero tolerance

Area police step up drunken driving enforcement for holidays

By TONY BRUSCATO STAFF WRITER

The message is clear - if you drink, don't drive.

Police officials have stepped up enforcement of drunken driving laws in their efforts to help insure a safe-driving holiday season.

However, that could be a tough task.

According to a study conducted by EPIC/MRI of Lansing, nearly 250,000 Michigan drivers will get behind the wheel while legally impaired during the holiday season. The survey also suggests that nearly 11,000 drivers under the legal drinking age of 21 will get behind the wheel during the holidays after consuming some alcohol.

"We have zero tolerance, particularly around the Christmas and New Year's holidays," said Gary Goss, Farmington's director of Public Safety. "If you're on the road drunk and get caught, you're coming with us. We'll try to help if you call us, but if you get behind the wheel..."

The message is the same from John Santomauro, director of Public Safety for Canton Township.

"We have zero tolerance if you are caught drinking," said Santomauro. "You will be arrested and ticketed for drunk driving. We believe it's a very serious offense and treat it that way. We feel the public has been educated and the tone has been set."

While law enforcement officials are stern, most are quick to point out it's for the public's well-being, even those who drink.

"This is the worst time of year to have a tragedy," said Goss. "The message is to drink responsibly. Turn the keys over to somebody else."

Spreading the word

"We have had great success in spreading the word about drunk driving and driving," said Michele Compton, chapter administrator for Mothers Against Drunk Driving in Oakland County. "Peo-

ple are starting to get the idea, but there is still a segment of the population that isn't getting it... and it's very staggering and horrifying."

"Last year there were 555 alcohol-related traffic deaths in Michigan," said Carol Nalepka, who runs the Wayne County office of MADD. "The figures are getting lower, but they're still too high. A lot of the problems stem from repeat offenders, and they refuse to stop doing it."

In Wayne County, there were 68 alcohol-related deaths last year, while Oakland County recorded 29 fatalities involving drunk drivers.

Compton reveals "the age group 25-35 is the biggest percentage of daily drinking and driving cases. We're trying to reach young kids before they reach the problem age. That's where the hope is."

Unfortunately, children are many times the victims of drunken drivers.

"I find it frustrating, and I get annoyed, that drinking has to be a part of holiday parties," said Midge Klenke of Farmington Hills.

Klenke's frustrations come not only because she is a non-drinker, but the fact that she lost her 13-year-old son, David, as the result of a drunk driver.

David, and his younger brother, Stephen, were riding bicycles home from school in September 1995 when he was struck by a hit-and-run drunk driver at 10 Mile and Middlebelt.

"It's been very difficult, especially since we drive through that intersection on a daily basis," said Klenke. "And, I worry about the long-range effect on Stephen, who was left there with his brother's body."

Christopher Smith Jr. eventually pleaded no contest to the charges against him, and was sentenced as a habitual criminal to six-30 years in prison.

"I think the police are doing a good job, but I'm not sure of the justice system," said Klenke, who is disappointed in the sentence. "We've got to have stiff



Warning: Carol Nalepka views one of the posters showing local individuals who have died at the hands of a drunk driver.

Public pressure

"There has been a lot of public attention to drunk driving, so the courts are giving it more serious attention," said Judge Richard Hammer of 21st District Court in Garden City. "The courts have to take a firm stand, be tough minded."

"I believe we are getting tougher with the criminal sector," said Hammer. "We aren't accepting excuses anymore."

Traci Colangelo of Redford Township doesn't have to think long to remind her not to drink and drive.

"I drink socially, but I won't drive if I've had too much," said Colangelo. "My sister's fiancée was killed by a drunk driver almost three years ago. I feel strongly about drunk drivers on the road because of her loss."

"My husband and I own a business, and we take our employees out for the holidays. However, we set limits on drinking so we and the restaurant don't become responsible... and so they get home safely."

Some of the responsibility of curbing drunken driving has to come from both homeowners who give parties, and business establishments which serve alcohol.

Hosts of holiday parties need to be aware of what their guests are consuming.

"If you are hosting a party, you need to be fully aware of what guests are drinking," said Nancy Cain, public relations manager for AAA Michigan. "Calling a cab for guests who are too impaired, or finding guests a place for the night, is the responsibility of the party host."

Cain suggests you become a friend more than just a host.

"Never force alcoholic drinks

on anyone," said Cain.

Party hosts can also help by planning a proper menu.

"Serve protein-rich, starchy foods - like potatoes and sausages - which will help retard alcohol absorption," suggested Cain.

Those who are drinking aren't free from responsibility.

"Anyone who plans on drinking should make arrangements beforehand," said Cain. "That could be calling a cab, finding a place to sleep, or having a designated driver."

Of course, not every party needs alcohol to be fun and successful. In fact, for 19 years AAA Michigan has put out its "Great Pretenders Party Guide", which this year has 21 non-alcoholic drink recipes that can be served at parties. The guide is free to anyone who stops at any AAA Michigan office.

Sharing responsibility

Ken Hall has been the general manager at Tremors in Livonia for more than seven years, and knows that drinking establishments need to shoulder some of the responsibility.

"We hold meetings with the servers and go over alcohol management," said Hall. "We're finding more people are aware of drunk driving, they are thinking about it. We are seeing more groups with designated drivers."

Hall said he does whatever it takes to make sure someone who has too much to drink gets home safely.

"First, we try to get the person a ride or cab," said Hall. "If they don't have any money, we have at times picked up the tab. My advantage here is that we have a hotel (Holiday Inn). Our last resort is to offer a room at a discount rate for them to sleep off. Sometimes, we've even given comp (free) rooms if the person doesn't have the money to pay for it."

Nationwide, last year, there was an average of one alcohol-related fatality every 31 minutes.

And, just in case you think it can't happen to you, here's a sobering thought. Nearly three in every 10 Americans will be involved in an alcohol-related crash at some time in their lives.

Liferide effort can get you home

By TONY BRUSCATO STAFF WRITER

Mothers Against Drunk Driving is hoping its annual Project Liferide will help produce a third consecutive year of no drunk driving fatalities in Wayne, Oakland and Macomb counties New Year's Eve.

For the 13th year, MADD is the main force behind Project Liferide, which provides cab rides for anyone too impaired to drive after ringing in the new year.

Hosts of private parties will be able to call the lifeline for guests who have had too much to drink. Restaurant, lodging and bar establishments in the tri-county area will be able to arrange a free ride home for their customers who may be too intoxicated to safely drive.

This year, MADD has a toll-free number for Liferide, 1-888-398-6233 (MADD). Operators will be taking calls for free cab rides from 9 p.m. New Year's Eve to 5 a.m. New Year's Day. Last year, there were 549 requests for rides, with 1,144 people transported. Sponsors picked up the tab, which was about \$7,000.

The number of calls is almost double what it was 10 years ago. As a result, MADD is encouraging drinkers to plan for rides home, or have a designated driver.

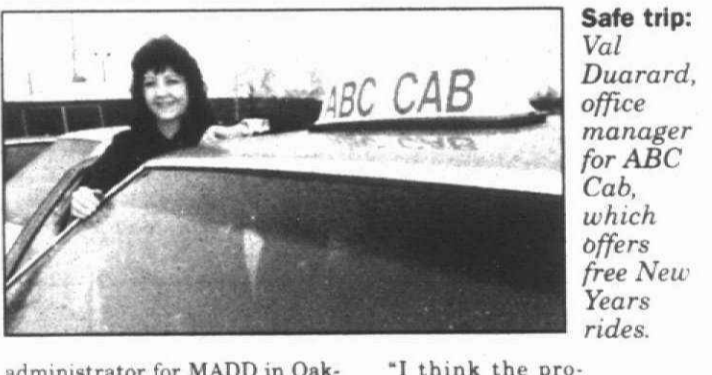
"We would rather have people plan ahead to get rides home if they know they'll be drinking," said Michele Compton, chapter administrator for MADD in Oakland County. "However, if they haven't, we certainly would encourage them to call us instead of getting behind the wheel."

"I can't imagine not being able to find someone to drive if you've been drinking," said Carol Nalepka of Westland, who runs the Wayne County chapter of MADD. "However, Project Liferide gives you a viable alternative, so there is no reason to be on the road after drinking."

Tom Peterson, the owner of Northwest Transport in Livonia, has been with Project Liferide since day one.

"I work New Year's Eve myself to make certain everything is safe," said Peterson. "Our job is to make sure everyone gets home. Without the rides, people will have a tendency to try and drive their own cars when drinking."

ABC Cab in Livonia, which also covers Farmington Hills, has been a part of Project Liferide for 10 years.



Safe trip: Val Duardard, office manager for ABC Cab, which offers free New Year's rides.

PHYLIS ROSE GOLTZ

Services were held for Phyllis Rose Goltz, 78, of Ypsilanti, formerly of Plymouth, on Dec. 27 at St. Peter Evangelical Lutheran Church in Plymouth, with the daughter, Carol Jensen of Belding, Mich.; four grandchildren, one great-granddaughter, and many nieces and nephews.

Memorials may be made to the Killarney Lutheran Camp, in lieu of flowers.

LEONA M. HOFFMAN

Services were held for Leona M. Hoffman, 88, of Livonia, on Dec. 26 at the Schrader-Howell Funeral Home with the Rev. Richard I. Peters officiating.

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LEONA M. HOFFMAN

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"I think the program is great," said Val Duardard, office manager. "We get about 35 MADD calls during that evening."

Both cab operators say they don't have many problems with those who have had too much to drink.

"We're kind of used to drunks and how to handle them," said Duardard. "However, we've had no problems during all these years."

Peterson notes "most drinkers are happy-go-lucky and don't cause any problems. One time a woman did take off all her clothes and throw them out the window. We ended up in Farmington Hills, before finding out she lived in Canton."

A recently released poll by EPIC/MRI of Lansing shows about 8 percent of Michigan adults will drive at least once after drinking during the holiday season.

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THE Observer NEWSPAPERS

1996 General Excellence

Ice carvers from page A1

"You need an alternative design if the weather is warm," added Wakar, who has competed in ice carving since 1981.

Bur describes his sculpting relationship with his sister's husband as complementary, because he and Wakar learned to know what the other man is doing and anticipate his next move without uttering a word. They even share the same birthday.

"We've found over the years that I'm good at certain things, he's good at certain things and we blend," said Bur, who works as product information manager in the service of Bozell Worldwide, Inc., a Southfield advertising agency.

Ice sculpting, Bur said, has taught him more about the business world than the business world: You have to get the job done and you have no one to blame or turn to but yourself, he said.

Wakar has the same philosophical outlook about his art and explains that ice sculpting has taught him about life. The

competitions, he said, represent much more than taking home a first-place win. Instead, it's about being true to the art and building comradeship with other sculptors.

"We like to generate enthusiasm for the art form and to the community," said Wakar, who is the executive chef at Ford Motor Company World Headquarters in Dearborn.

As an individual carver and as a member of ice carving Team Frozen Images, Wakar has won more than 27 first-place finishes and 60 top-five finishes. Wakar also serves as an ice sculpting instructor at Schoolcraft College in Livonia and has conducted ice sculpting seminars at various community events, schools, festivals and National Restaurant Association functions and hotels around the United States.

Bur has won more than 15 first-place finishes and 10 top-five finishes. He also conducts community seminars. Their carvings range from a 16-foot-tall praying mantis to dragons, ships and helicopters.



At work: Medal-winning ice sculptor Ted Wakar perfects his craft. STAFF PHOTO BY BILL BERLEK

'Accents' is a hit with male shoppers too

BY RICHARD PEARL
STAFF WRITER

Beverly Shamie's eclectic little Elegant Accents boutique, open in Canton only since September, is proving popular with men as well as women.

Several men have told her "they absolutely hate shopping in malls but they like coming in here" because they feel they'll find the right gift for a house, a woman or a baby.

Elegant Accents is crammed with unusual gifts, decorative items and collectibles, ranging from Arthur Court and Swarovski Miniature Memories crystal to Seagull pewter, from Emmett Kelly clowns to cement designer geese, from Century Furniture to Thomas Kincaid Limited Edition paintings. It even has women's and babies' clothing and wedding accessories.

Shamie's been told her store is unique in Canton.

But what really makes her smile is what one customer said after seeing how everything is displayed in the 1,500-square-foot shop at 8595 Lilley Road in Golden Gate Shopping Plaza.

"If you can get this much stuff into this little area and yet display it so nicely," the customer said, "I want you to come out to my house."

Which is exactly what Shamie's been doing the last 25 years: designing home and business interiors. She's even done yachts.

And she's a perfectionist. "I'm very fussy, very particular," she says.



New to Canton: Beverly Shamie shows off her shop. STAFF PHOTO BY BILL BERLEK

Students design their ice sculptures for fest

BY JOANNE MALISZEWSKI
STAFF WRITER

If they are creative, artistic or have a wild imagination, Plymouth area middle school students will have a chance to see their winning design carved in ice at the 16th Annual Plymouth Ice Sculpture Spectacular.

"We have all five public middle schools and three of the parochial schools involved," said Diane Sproull, an art teacher at Central Middle School.

Sproull and Sandra Watts of Watts-Up, which coordinates the ice festival, are working together again on the middle school design contest.

"We will have a winner from each school that participates," said Watts. Designs were due at the Plymouth Community Chamber of Commerce office Saturday, Dec. 20.

In addition to having their design carved by a professional carver, each of the winning students will win a savings bond, offered by the Observer Newspapers.

Students are not limited to a particular theme for the contest. "It can be of anything of interest to kids their age," Sproull said.

Unlike past years, the carvers will sculpt the winning designs and freeze them before the festival begins so visitors can see the students' ideas come to reality.

The winning students will be photographed and presented with their savings bonds at 4 p.m. Monday, Jan. 19 in Kellogg Park.

Craft show deadline Jan. 9

Crafters of every ilk are encouraged to apply for a spot in the 1998 Spring Craft Show at Schoolcraft College March 7. With 150 crafters, this show is one of the premier venues in the area and attracts crowds of more than 2,000. The show is juried, and a limited number of exhibitors are accepted in each category to maintain a balanced representation in each craft. Crafters are asked to submit a photograph of their work with their application if they have not been accepted for a previous show.

Applications must be received by Jan. 9. Call (734) 462-4417.

Valassis repeats as one of best places to work in America

Valassis Communications, headquartered in Livonia, has been named one of the 100 Best Companies to Work for in America by Fortune Magazine.

This was the second time in less than seven years that Valassis has made the list. The results will be published in the Jan. 12 issue of Fortune Magazine which will be on the newsstands later this week.

Companies were evaluated using multiple criteria, such as employees' trust in management, pride in work and company, and camaraderie. Workplace practices were also evaluated, and an extensive survey was randomly administered to employees to obtain their confidential opinions.

Valassis employees are proud of the ranking. Barney Bourgeois, senior insert publishing specialist said, "I'm proud to be a Valassis employee. I've always known that this is a great place to work; now all of America does, too."

"Our workplace environment of respect and caring makes this a place that we want to come to every day. And on top of that, we're saving Americans billions of dollars every year by providing them with our products — coupons," said Bourgeois.

"Employee pride and morale is at an all-time high," said David A. Brandon, chairman, president, and chief executive officer of Valassis Communications.

"This terrific accomplishment was a total team effort and demonstrates that a corporation's success is not best achieved at the expense of employees. Rather an atmosphere of respect, empowerment and positive energy produces the best customer service, product quality and the excellent financial results that increase shareholder value," said Brandon, who has been president of Valassis since 1989.

The last study conducted by Levering and Moskowitz in the early '90s resulted in a book "The 100 Best Companies to Work for in America." That study was conducted in a similar fashion and ranked Valassis Communications high in the areas of opportunities, job security and openness/fairness — areas in which Valassis remains strong.

Valassis Communications, Inc. has grown from a company with a single printing press to one of the nation's largest producers of free-standing inserts. It is the leading company in the sales promotion industry, offering a broad array of consumer promotion techniques.



Selected: CEO David Brandon (center) surrounded by employees at the company's Livonia headquarters, said being named one of the top 100 best places to work in America was a "total team effort" that will "serve to inspire our organization to continue to achieve great results in 1998."

The company prepares and prints billions of inserts each year at its printing/production facilities in Livonia and Plymouth, Michigan; Wichita, Kansas; and Durham, North Carolina. In addition, eight regional sales offices are strategically placed across the country.

In a speech earlier this before the Canton Economic Club, Brandon said the financial performance of the Livonia-based company goes hand-in-hand with his belief in building a

workplace culture that draws — and holds onto — top talent in the field.

Who you hire, how you hire them and how you treat them once they're on the job are keys to success in any business, Brandon said.

"We really believe in this thing called culture, the environment we create for our employees to do business," said Brandon, 45, Valassis president and CEO since 1989 and a Plymouth Township resident.

On the economic side of the ledger the now publicly held company has a net worth of \$1.3 billion, triple from 1979, when Brandon left Procter and Gamble to return to Michigan, where he graduated from the University of Michigan in 1974.

Valassis was trading at a 52-week high of 33 1/8 on the New York Stock Exchange at mid-month December.

Brandon's half-hour talk was filled with anecdotes and personalized business bromides including two favorites illustrating his management style: "Change is good" and "If it ain't broke, break it."

Brandon is a strong believer in employee participation at all levels. "Let employees participate in your success to get the idea across that they can take ownership in what you're doing," he said. "A company of owners will behave differently."

S'craft hosts aid night for college bound

Schoolcraft College personnel will help students explore the mysteries of financial aid on Wednesday, Jan. 21 during its Regional Financial Aid Night.

The program is designed for college-bound high school students and their parents and will be helpful to students who are transferring from a community college to a university.

Program topics include the types of financial aid available, eligibility, how to complete an application and how to conduct scholarship searches. There will be a question-and-answer period following the formal presentations.

The program will begin at 7 p.m. in the Waterman Center. Schoolcraft College is located at 18600 Haggerty Road, between Six and Seven Mile roads just west of I-275.

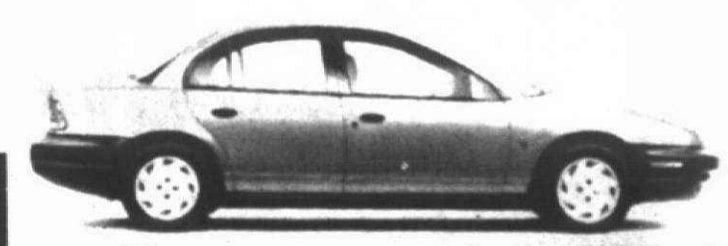


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HEALTHIER APPETITE



KEELY WYGONIK

The best weight-loss is gradual

The thought of stepping on a scale right now is as scary as waking up realizing you're late for an important meeting, or not being able to find your purse, wallet or keys.

"I hate the word diet," said Juliane Steenkamer a clinical dietitian at Garden City Hospital. "Michigan has one of the highest obesity rates in the country, and it's a long winter. People tend not to exercise."

Steenkamer works a lot with cardiac patients who have no choice but to cut the fat from their diets. On monthly grocery tours at Kroger's in Garden City, she shows them how to help reverse the progression of heart disease by changing their choices.

"Watching fat is the most important part of your diet," she says. During the holiday season, which begins with Thanksgiving, some of us count Halloween, and ends New Year's Day, the average person gains five to 10 pounds.

Burn to lose

"You have to burn, or cut 3,500 calories to eliminate one pound of weight," said Steenkamer. "Eating an additional 500 calories a day adds up. Remember those five cubes of cheese you ate at the last party? That was about 500 calories, add six Ritz crackers for another 125 calories."

Nuts are also high in fat. Ten peanuts equals about 45 calories, and forget about cashews - six cashews also equals 45 calories, but can any of us eat just six?

There's no time like the present to make changes in your diet and lifestyle. Why wait until Jan. 1 to begin. Little changes do add up.

"If you love nuts, only have nuts in the shell at home. You'll eat them slower, and it's more of a challenge to get them out of the shell," said Steenkamer.

Dilute juice and wine with club soda, munch on assorted veggies, and dip them in fat-free salad dressing. Use I Can't Believe It's Not Butter spray on vegetables and to make garlic bread instead of butter or margarine.

For flavorful sweet potatoes, skip the butter, and mash them with a half can of drained, crushed pineapple.

"If you're going to a friend's house, bring a low-fat dish," suggests Steenkamer. "Forget the all or nothing mind set, gradually introduce new low-fat dishes. Pick up your exercise. If you beef up your physical exercise you can splurge a little bit."

Incorporate more lean cuts of beef, poultry and fish in your diet. Don't eat the dark meat, or the skin of chicken, or turkey.

Start changing your focus to fruits, vegetables and grains - "they'll fill you up, without filling you out," said Steenkamer. "Meat shouldn't displace foods that are more healthy for you. Most of us eat more than a normal serving size of meat, which is 2 to 3 ounces cooked, about the size of a deck of cards. When we eat this much meat, we're not as likely to eat as many nutrient-dense vegetables, fruits and grains."

Read labels

Make a resolution to start reading labels when you grocery shop. "One half cup is the standard serving size of ice cream, but how many of us eat only half a cup," said Steenkamer. Cut your intake of saturated fats - those that are solid at room temperature. Unsaturated fats are liquid at room temperature and better for you.

When reading labels, compare fat content per serving size. Try different fat-free products until you find ones you like.

Fat-free cheese doesn't melt. "Sprinkle it on top of tacos or sandwiches," said Steenkamer. "Skip fat-free cream cheese, use jam or jelly

Please see HEALTHIER, B2

LOOKING AHEAD

What to watch for in Taste next week:

■ Focus on Wine



STAFF PHOTO BY TOM HOFFMEYER

Too big: Sandra Dalka-Prysbys shows how much weight she lost by putting on a pair of her "fat" pants at the Beverly Hills Raquet Club where she regularly works out.

GET FIT FOR THE NEW MILLENNIUM

SLOW BUT SURE

Looking back: When this photo was taken of Sandra Dalka-Prysbys in 1995, she was at the half-way point.



Editor's Note:

With her sunny personality, and can-do attitude, Sandra Dalka-Prysbys is the type of person who lights up a room when she walks in. We met three years ago when she called to talk about her weight-loss plan and the possibility of doing some freelance writing for the Observer & Eccentric Newspapers. Concerned about her health as she approached her 50th birthday, Prysbys wrote to "Family Circle" magazine, and asked for help. Besides being overweight, she was a smoker. Sandra quit the cigarettes right away, but losing weight was harder. She stuck with it, and reached her weight-loss goal this year. In fact, she exceeded it and lost more than 175 pounds instead of the 150 she set out to do. Sandra's a joy to work with and an inspiration. - Keely Wygonik

BY SANDRA DALKA-PRYSBY SPECIAL WRITER

Forget making the usual New Year's resolutions to lose weight. It's time to get ready for the new millennium and there's no better time than now to get started.

I used a "Slow but Sure" philosophy to lose more than 175 pounds. It took me 3-1/2 years, and with the same diligence, and a lot of effort, you too can succeed in being healthier and more fit when the calendars turn over to 2000.

"Slow but Sure" is not only my creed, it's the title of a book on my weight-loss due to be released by Doubleday in January, 1999. You don't have to wait until then to learn some of my secrets for success. I'll share them with you now.

When I tipped the scales at 325 pounds in January, 1994, it was because of my high-fat diet and lack of exercise. This unhealthy lifestyle changed when "Family Circle" magazine

agreed to follow my weight-loss progress and arranged for nutritional help from Muriel G. Wagner, a registered dietitian and nutrition therapist who practices in Southfield. She's also a regular contributor to "Taste."

Muriel put me on a 1,800 calorie a day high carbohydrate food plan. In addition to 8-10 ounces of protein, 10 starches, and two dairy and fat servings, the plan called for three fruits and four daily servings of vegetables. Immediately, I began to lose weight.

With an offer of the use of the facilities and a trainer at Beverly Hills Racquet and Health Club, I began a regular, four-times-a-week exercise program. This program has been expanded to seven days a week with aerobic workouts (walking, biking, water aerobics and step classes) intermixed with free weights and toning exercises.

As important as exercise has

Please see FIT, B2

Celebrate New Year's simply with good food and friends

BY ELEANOR HEALD SPECIAL WRITER

You know other people who copped out, and didn't make plans for New Year's Eve.

"I'll invite them over and make a simple New Year's Eve dinner," you say to yourself. Do it!

Molly O'Neill, food columnist for *The New York Times Magazine*, is one of the most "with it" cookbook authors. She delivers the best whimsical guide to preparing and orchestrating a dinner party, keeping a host sane in the effort.

In "The Pleasures of Your Company: How to Give a Dinner Party Without Losing Your Mind," (Viking, 1997, \$26.95,) the chapter "Nan Does New Year's Eve" is now relevant.

From the chapter, we've organized a "grazing" menu. Nothing formal. Don't even set the dining room table. Sit around a coffee table or by a cozy fire. Drink champagne or an inexpensive California bubbly such as Domaine Chandon Brut \$17.

Your starter is Herb-Marinated Chicken Wings Stuffed with Scallion Goat Cheese followed by Spicy Shrimp, Bacon and Date Skewers; then Middle Eastern Lamb-Stuffed Wontons.

HERB-MARINATED CHICKEN WINGS STUFFED WITH SCALLION GOAT CHEESE

- 6 ounces goat cheese, softened
- 2 scallions, finely chopped
- 24 chicken wings
- 3 large cloves garlic, finely chopped
- 2 tablespoons chopped fresh rosemary
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground pepper
- 1/2 cup olive oil

Stir together the goat cheese and scallions. Separate chicken wings at the joint and save tips for another purpose, like stock. Loosen skin over the top of remaining portions, making a pocket between the skin and meat. Fill each pocket with about 1 teaspoon of the goat cheese mixture, do not overfill.

Combine garlic, rosemary, salt, pepper and oil in a large bowl. Add chicken wings and turn to coat well. Refrigerate for several hours.

Preheat broiler. Place chicken wings on broiler pan with a drip tray and broil until the skin is browned and chicken is cooked through, about 8 minutes. Serves

12 as an hors d'oeuvre.

Note: Chicken wings can be stuffed and marinated a day before. They must be wrapped well and stored in the refrigerator and are best if broiled shortly before guests arrive. They can be served sizzling hot or at room temperature.

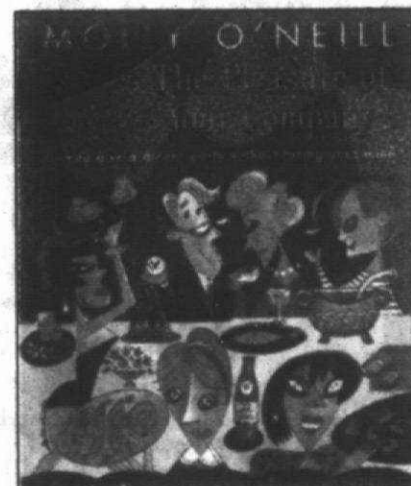
SPICY SHRIMP, BACON AND DATE SKEWERS

Skewers can be assembled the day before, wrapped and refrigerated. Broil them just before serving.

- 1 tablespoon ground cumin
- 1/4 teaspoon cayenne
- 1/4 cup fresh lemon juice
- 1/4 cup olive oil
- 36 large shrimp, peeled and deveined
- 18 pitted dates, halved crosswise
- 18 strips bacon, halved crosswise

Place cumin and cayenne in a small heavy skillet over low heat and stir constantly for 2 minutes. Place in a large bowl and whisk in lemon juice and olive oil. Add shrimp and toss to coat well. Cover and refrigerate for 2 hours.

Place 1 piece of date in the curve of 1 piece of shrimp, wrap a piece of bacon



around the shrimp, and secure all together with a toothpick. Repeat with remaining ingredients.

Preheat the broiler. Place skewers on a broiler pan with a drip tray and broil until shrimp are just cooked through, about 1 1/2 minutes per side. Serve hot or at room temperature. Serves 12 as an hors d'oeuvre.

Please see CELEBRATE, B2

Tasty dishes will help you lose 'Slow but Sure'

See related story on Taste front.
Recipes compliments of Sandra Dalka-Prybyl

PARMESAN CHICKEN
1/2 cup Italian seasoned bread crumbs
1/2 cup Parmesan cheese, grated

1/4 teaspoon pepper
1/3 teaspoon salt
4 skinned, boneless chicken breasts (3 ounces each)
1/2 cup buttermilk
Vegetable cooking spray
Combine first four ingredients in a large plastic zip-lock bag. Dip chicken in buttermilk and place in bag, one at a time. Shake bag to coat.
Coat baking pan with cooking spray. Place chicken in pan. Bake covered at 350°F for 25 minutes. Remove cover and bake an additional 20 minutes. Serves 4.
Each serving is 210 calories with approximately 6 grams of fat.

VEGETABLE RICE
1/3 cup green onions, finely chopped
1/2 cup green pepper, finely chopped
1/2 cup red pepper, finely chopped
1/2 cup frozen chopped broccoli, thawed and drained
1 cup frozen corn, thawed and drained

In a large non-stick skillet coated with vegetable cooking spray, cook onions and peppers over medium heat until tender but crisp. Add remaining ingredients, cover, reduce heat and simmer 15 minutes. Makes six (1 cup) servings.
Each serving is 125 calories with approximately 1 gram of fat

Everyone at Ardo's thought a unique, Michigan inspired Rose Bowl Salad would go a long way to win over party guests and cheer the team to victory. The recipe was created by Chef Jeff Crank, owner of Ardo's Grill & Chill, 27900 Hoover in Warren. Ardo's is open 11 a.m. to 11 p.m. Monday-Thursday; and 11 a.m. to midnight Friday and Saturday. Sundays are reserved for parties and banquets. For more information, call (810) 582-0080. Ardo's is designated to the memory of Jeff Crank's late friend and mentor, John "Ardo" Arduino, who passed away from leukemia.

Second Chance Foundation. "We wanted to give others suffering from catastrophic diseases, drug or job related problems a "second chance" on life," said Crank. Last year Crank's Catering was the largest contributor to the Forgotten Harvest food bank. Crank's Catering can be reached by calling (810) 977-5858.

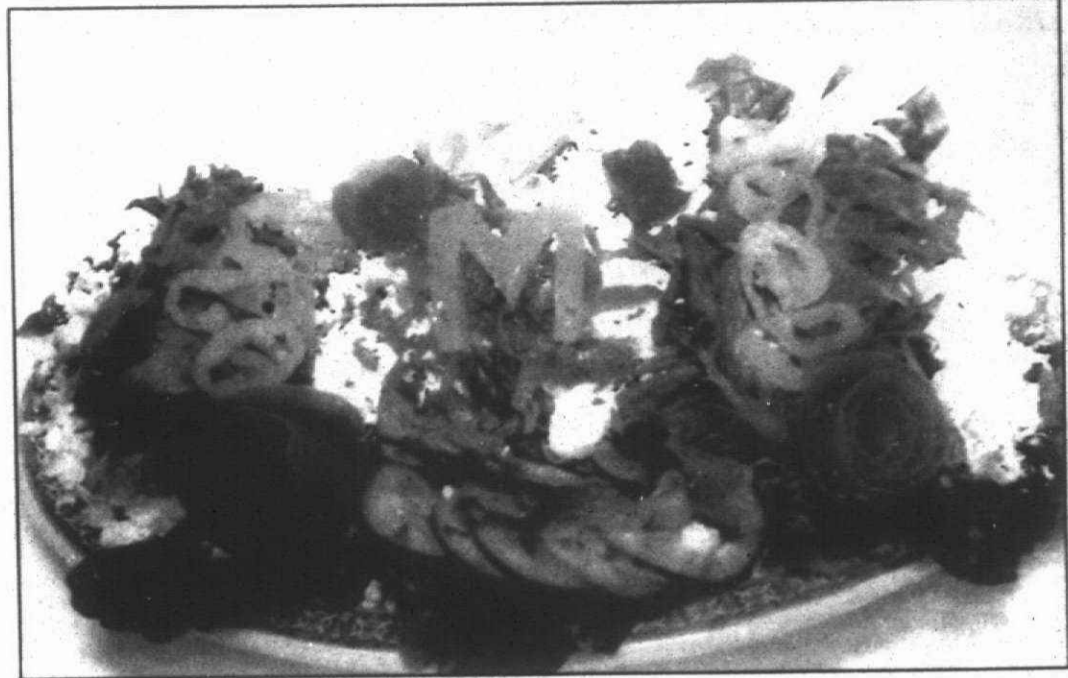
MICHIGAN ROSE BOWL SALAD
1 bunch white Kale
1 head lettuce
2 heads red leaf lettuce
1 cucumber (sliced thin)
2 cups red cabbage (blanched until color turns blue)
1 cup Feta cheese
1/2 pound smoked bacon (chopped fine)
6 large tomatoes
2 yellow bell peppers
Dressing
3 cups olive oil
1 cup tarragon vinegar
1/2 cup Balsamic vinegar
1/2 cup red wine vinegar
2 tablespoons basil
4 tablespoons granulated garlic

3 tablespoons salt
1 tablespoon black pepper
1 tablespoon sugar
1/2 teaspoon oregano
3 cups sun dried cherries

Take oval platter and arrange white kale around outside of platter. In bowl toss chopped red leaf lettuce with tossed head lettuce. Set lettuce mixture into center of platter. Top with Feta cheese, sliced cucumber, blanched red cabbage and cooked chopped bacon.

Take individual tomatoes, one at a time, and cut skin off in one long piece using a knife to cut around entire tomato. Take tomato skin and roll into rosebud shape. Set tomato roses just inside white kale to surround base of salad. Top mixture with yellow bell pepper sliced into a giant "M" for Michigan.

Cherry Vinaigrette Dressing:
In a separate bowl combine olive oil, vinegars, basil, garlic, salt & pepper, sugar and oregano. Pour over top of salad mixture and top with sun-dried cherries.



Go Blue: This salad, created by Chef Jeff Crank, owner of Ardo's Grill & Chill, is a savory blend of greens and vegetables topped with a cherry vinaigrette dressing. ©

Fit from page B1

been to my success, it's what I put in my mouth that made all the difference. Nutritious foods are the only way to achieve healthy weight loss. Smaller portions of the "right" foods in the answer. This means eating small and medium-sized fruits, not the gigantic apples, etc. that draw our attention in the produce section of the grocery store.

It means choosing half a cup of pasta or three-quarters of a cup of cereal (both equal one starch). It means using one tablespoon of regular, or two tablespoons of reduced calorie/fat dressings on salads. The only way to assure that you are eating correct portion sizes is to measure and weigh everything. That's what I did and that's the reason I lost

weight. Another reason I was successful is because I didn't expect overnight results. I started my weight-loss journey knowing that it would be a long haul. I was willing to take whatever time was needed - there was no rush - to get the job done. In the process, I learned how important variety is to success. Eating the same foods every-

day can be boring. Not only that, but boring often leads to failure. There is a wealth of healthy foods and an abundance of nutritious and tasty recipes that make staying on a good food plan easier. In early 1996, I was stuck on a plateau and my weight loss stalled. "Family Circle" brought in Richard Simmons, the

nation's diet guru, to take me to the finish line. He reduced my daily calories to 1,300 and insisted that I drink eight glasses of water a day. These efforts worked. I lost the remaining weight and not only reached but exceeded my goal. Originally, I planned to lose 150 pounds. "You have to love yourself if

you're going to succeed" was Richard's ongoing advice. "And you have to believe that you're going to succeed." Armed with these beliefs, you, too, can succeed. Just remember to go slow for surely this is the best way to accomplish any goal. Set your weight-loss goal for the new millennium. That gives you time to do it right!

Celebrate from page B1

MIDDLE EASTERN LAMB-STUFFED WONTONS
3/4 pound ground lamb
2 1/2 teaspoons ground cumin
3/4 teaspoon ground cinnamon
2 1/4 teaspoons kosher salt
3/4 teaspoon freshly ground pepper
3 tablespoons golden raisins
3 tablespoons coarsely

chopped pistachios
36 wonton skins (3x3 1/4 inches), available in most supermarkets or in an Oriental grocery
vegetable oil for deep frying
Mix together lamb, coriander, cinnamon, salt, pepper, raisins and pistachios until well combined. Brush edges of one of the wonton skins with water. Place 1 1/2 teaspoons of the filling in the

center. Bring the 4 corners of the skin together over the filling and press edges together to seal tight. Repeat with remaining skins and filling. Working in batches, deep-fry wontons until nicely browned. Keep the oil is not too hot or skins will brown before filling is cooked through. Drain on paper towels and serve immediately. Serves 12.

instead." You can substitute two egg whites for one whole egg in recipes and cut the fat. Substitute one half cup applesauce for one half cup butter in recipes. Make your own salad dressing with balsamic vinegar, extra virgin olive oil, a pinch of sugar and mustard. Use 3 parts (3 tablespoons) vinegar to 1 part (1 tablespoon)

olive oil. Add sugar, mustard and other herbs to taste. Gradually increase the amount of fiber in your diet. Sprinkle a high fiber cereal - one with more than four grams of fiber per serving, on the cereal you currently eat. For instance, mix a high fiber bran or wheat cereal with corn flakes. Just because you're full, doesn't mean you've gotten the nutri-

ents you need to be your very best. "Working in cardiac rehab has opened my eyes to how people have contributed to chronic disease," said Steenkramer. "The time to start is now. If you're well nourished, you'll feel better about yourself." Keely Wygonik is editor of Taste section for the Observer & Eccentric Newspapers.

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Begin the new year with healthier fare

Here are some healthful recipes for the new year.

APRICOT OATMEAL COOKIES
1/2 cup firmly packed light brown sugar
1/3 cup margarine, softened
1/2 cup non-cholesterol egg substitute
1 teaspoon vanilla extract

1 cup quick-cooking oats
1 cup crisp rice cereal
3/4 cup all-purpose flour
1/2 teaspoon ground cinnamon
1/2 teaspoon baking soda
1/4 cup seedless raisins
1/4 cup diced dried apricots
1/3 cup confectioners' sugar substitute
2 to 3 teaspoons orange juice

In a bowl, with mixer at high speed, beat brown sugar and margarine until creamy. On medium speed, beat in egg product and vanilla until blended. In small bowl, mix oats, rice cereal, flour, cinnamon, and baking soda; stir into creamed mixture. Stir in raisins and apricots. Drop dough by rounded tablespoons onto greased baking sheet. Bake at 350°F, for 8 to 10 minutes or until cookies are lightly browned. Cool completely on wire racks. In small bowl, combine confectioners' sugar and orange juice;

drizzle over cookie tops. Makes 2 dozen cookies.
Nutrition information per cookie: 82 calories, 3 g total fat, 0 g saturated fat, 0 mg cholesterol, 62 mg sodium, 1 g dietary fiber.

CREAMY CARROT POTATO SOUP
2 cups sliced peeled carrots
1/2 cup chopped onion
1/3 cup chopped celery
1 clove garlic, minced
2 tablespoons margarine
2 cups diced peeled potato
1 3/4 cups water
1/2 cup lower salt, chicken broth
1 cup skim milk
1/2 teaspoon ground ginger
1/2 teaspoon dried thyme leaves
1/4 teaspoon coarse ground black pepper
Yogurt, for garnish
Chives, for garnish

In large skillet, saute carrot, onion, celery and garlic in margarine until tender. In medium saucepan, heat potato, water, and chicken broth to a boil; reduce heat. Cover; simmer 10 minutes or until tender. In electric blender, puree the carrot and potato mixtures. Return to saucepan; add milk and seasonings. Cook over low heat until heated through. Serve warm topped with a swirl of yogurt and a sprinkling of chives if desired. Makes 5 servings.

Nutrition information per serving (without garnishes): 144 calories, 5 g total fat, 1 g saturated fat, 1 mg cholesterol, 179 mg sodium, 3 g dietary fiber.

Recipes from the National Center for Nutrition and Dietetics of the American Dietetic Association.

Supporting this growing interest in tea's health benefits has been the revival of the traditional "teatime" ritual in many parts of the country. Taking tea provides a way to relax and renew the spirit and body. Modern tea-goers can maintain tradition and get the full health benefits of the ritual by preparing finger foods to accompany their beverage that are nutritious as well as tasty and attractive. Tea time treats can be scrumptious, but should never be heavy. Thin slices of angel's food cake, low-fat spice cake or poppy seed cake can satisfy a sweet tooth without spoiling dinner. Fresh fruit is always a welcome addition to this afternoon repast when appetites are small. The sandwiches often found at traditional teas are not the thick two-handed meals you'd find at the local deli but thin, crust-less triangles that can be held easily in one hand and eaten in one or two delicate bites. Try roasted turkey, curried chicken salad, or minced shrimp with dill vinaigrette, as well as the traditional cucumber, watercress and jam sandwiches. Use flavorful whole grain breads for added fiber and nutri-

ents. The best tea time snacks are small, visually elegant fare that bring delicious flavor to the table. Mini pita pockets can be broiled lightly to puff them up, and filled with chopped pear and a tiny bit of crumbled blue cheese. Ginger snaps spread with orange marmalade are a spicy-sweet treat that complements the subtle flavors of tea. Those with more traditional tastes can bake a low-fat zucchini or oatmeal carrot cake bread, spreading small squares of it with a thin layer of light cream cheese.

OATMEAL CARROT CAKE BREAD
1 cup oats
1/2 cup skim milk
2 1/2 cups flour
1 cup firmly packed brown sugar
1 tablespoon baking powder
1/2 teaspoon baking soda
1/2 teaspoon cinnamon
1/4 teaspoon salt
1 1/2 cups shredded carrots (3 medium)
1/2 cup raisins

Combine reserved oat mixture, pineapple (including juice), egg whites, vegetable oil and vanilla; mix well. Add to dry ingredients; mix just until dry ingredients are moistened. Pour into prepared pan. Bake 60-75 minutes or until wooden pick inserted into center comes out clean and crust is golden brown. Cool 10 minutes and remove from pan. Cool completely. Each of the 12 slices contains 246 calories and 5 grams of fat.



Time for tea: Oatmeal Carrot Cake Bread is a delicious tea time treat.

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Tuna helps keep New Year's resolution

(NAPS) - When you wake up on New Year's Day, odds are you'll participate in two age-old traditions. First, you'll be one of the 426 million people worldwide tuning in to the Tournament of Roses Parade to watch the University of Michigan marching band. Second, you'll probably promise to eat healthier and shed a few pounds. According to a national survey by Weight Watchers International, over two-thirds of Americans would like to lose weight. When the big ball drops in Times Square, people all over the world make dietary promises they'll never keep.

Everyone knows that a New Year's resolution for getting and staying fit starts with healthy eating. One of the most convenient, versatile and healthy foods is tuna. Whether in a salad, on a sandwich or straight from the can, tuna provides half of your required daily serving of protein.

AULD LANG SYNE LINGUINE (Makes 4-6 servings)
2 tablespoons olive oil
4 cloves garlic, minced
2 cups sliced mushrooms
1/2 cup chopped onion
1/2 teaspoon crushed red pepper
2-1/2 cups chopped plum tomatoes
1 can (14-1/4 ounces) chicken broth plus water to equal 2 cups
1/2 teaspoon salt
1/4 teaspoon coarsely ground black pepper
1 package (9 ounces) uncooked fresh linguine
1 can (12 ounces) white tuna, drained and chunked
1/3 cup chopped fresh cilantro

Scrumptious saute ready in minutes

AP - Need to prepare a scrumptious meal in less than 15 minutes? Shrimp, Pear and Sugar Pea Sauté is a savory mixture of pears, shallots, shrimp and sugar peas, sautéed in olive oil and dry white wine. The recipe is from Janet Hazen, author of "Pears: A Country Garden Cookbook."

SHRIMP, PEAR AND SUGAR PEA SAUTE
2 shallots, thinly sliced
2 teaspoons olive oil
1 pound medium shrimp, shelled and tails removed
1/3rd pound sugar peas, trimmed
2 pears, cut into 1-inch wedges
3 tablespoons dry white wine
1 tablespoon unsalted butter
2 1/2 to 3 tablespoons fresh orange juice
Salt and pepper, to taste
In large sauté pan, cook the shallots in the olive oil over moderate heat for 3 minutes. Add the

shrimp, sugar peas, pears and wine and cook 4 minutes, stirring occasionally, until the shrimp are almost done. Add the butter and orange juice and cook 1 minute. Season with salt and pepper. Serve immediately. Makes 4 servings.
Nutrition facts per serving: 244 calories, 24.9 grams protein, 7.5 grams fat, 19.3 grams carbohydrate, 3.3 grams dietary fiber, 180 mg cholesterol, 245 mg sodium.
Recipe from: California Pear Advisory Board

Toast the New Year with tasty alcohol-free sips

Take the alcohol out of your New Year's celebration. In a "Salute to Sports" here are some drink recipes featured in "The Great Pretenders" party Guide," published by AAA of Michigan.

BROWSER BOILER
Microwave safe coffee mug
6 1/2 ounces apple cider
3 heaping teaspoons unsweetened whipped cream
8 white miniature marshmallows
3 ounces Faygo Rock n Rye or

granules
1 tablespoon hot water
1 tablespoon cold water
2 tablespoons whipping cream, unwhipped
2 ice cubes
3 tablespoons chocolate instant pudding powder
3/4 cup nonfat chocolate frozen yogurt (Haagen Dazs preferred)
Sweetened whipped cream for garnish

Process the first five ingredients in a blender until smooth. Add 7-Up. Turn on and off just enough to mix. Serve in a tall glass. Garnish with a strawberry. One serving.
Recipe compliments of Gloria Ende of Benton Harbor, second place, Grand Rapids Regional Contest

SANTA'S CYBER SIPPER
1/2 cup cranberry/raspberry juice
8 frozen strawberries
1/2 frozen banana
1/2 cup low-fat vanilla yogurt
2 tablespoons honey
1/2 cup 7-Up

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Sunday, December 28, 1997



Holiday mornings: Saks Fifth Avenue, Troy and Dearborn, offers these luxurious robes by Daniel Hanson, navy lamb-wool/angora robe belted with a tassel and lined in silk, \$950; ivory multi-stripe long sleeve silk pajamas, \$495; ivory robe lambswool/angora, \$850.

Loungewear looks lovely

What's more relaxing than lounging around the house in your sleep-wear? I know a couple of teachers who change into their pajamas before dinner some days — they say it helps them unwind after a stressful day at school.

You can also find some great buys on sleep-wear now, due to post-holiday clearance sales. And, as Cheryl Hall Lindsay, of Saks Fifth Avenue points out, "Pajamas aren't just for sleeping anymore."

Some people run errands in their pj's and some even entertain guests in them, she said. "Sleep-wear is encompassing a larger area now — a better term for it is lounge-wear," she said, adding that it includes everything from casual to glamorous fashions.

On the casual end of the scale, cotton-knit separates — including drawing pajama bottoms and pajama-style tops — are the most popular for men and women, according to Lindsay. They come in a wide variety of solid colors and designs, look like casual pants and tops, and are made by numerous vendors, including Natori, Donna Karan, and Saks Fifth Avenue's Private Label, to name a few.

"They're something you could wear 24 hours. You wouldn't want to wear them to work, but you could run errands in them all day and then wear them to bed at night," Lindsay said.

Velour is the next step up from cotton knit, because it's a dressier fabric, she said. It's so dressy that a hostess could wear a pair of velour pajama bottoms to a winter party at her house for a stylish-yet-comfortable look, Lindsay said.

Silk lounge-wear, which is at the higher end of the scale, is more for private entertaining, she said, because of the way it flows around the body.

At the very high end of the scale are things like a \$495 pair of ivory-colored, long-sleeve silk pajamas; an \$850 embroidered, lambswool and angora robe; and a \$950 silk-lined, angora robe; and all three are made by Daniel Hanson and are carried exclusively by Saks.

"I don't know about you, but I feel guilty spending \$30 on a pair of pajamas (after all, nobody's going to see me in them but my family). I couldn't imagine spending \$850 on a robe — that's almost what I paid for my first car!"

Who would buy such an expensive item? I wondered. Hugh Hefner? So I asked Lindsay, "Who are these expensive robes and pajamas aimed at?"

"I think they're for someone who takes their lounge time very seriously," she said. She said she could see people giving them as gifts for special anniversaries and other occasions. She also said that having a luxurious robe or pair of pajamas to slip into can be comforting to business travelers when the day is done and they're back in their hotel.

With the proper care, a well-made robe can last 10 years or more. "And when you think of all the enjoyment you're going to get out of it, it helps justify the cost," she said.

Speaking of proper care (here's a question of hot debate in some households) how often should pajamas be cleaned? After each use or at longer intervals?

"It's really a matter of personal preference," Lindsay said. If you don't get any food stains on them, you could wear cotton knit pajamas three or four times in a row before washing them, she said.

Unique catalog sells gifts to grow the mind



If you want to expand your mental horizons in the New Year, check out the merchandise from MindWare. The company offers enrichment activities and gifts for thinkers that are sure to provide some fun, too.

By CAROLIN BARNETT-GOLDSTEIN
SPECIAL WRITER

Composer Ludwig van Beethoven's manuscripts are often messy affairs. However, handwritten in ink between 1783 and 1826, prior to advanced technological delete keys, they provide an opportunity to see how this great creative mind worked on problems to find the precise notes he needed to express his individuality. We are able to see him breaking the known boundaries of music at the time, revolutionizing music.

Yet, when these notes are played together, this seeming chaos is found to have created an order sounding so inevitable, it is universally felt to be natural to the human experience to this day.

Now, going into the 21st century, these same problem-solving tools and skills for creative thinking are being recognized as imperative to education and business as we enter the auspicious future realm. What constitutes creative thinking, and how and where to acquire and develop these skills can be found in the new MindWare catalog.

Packed with several varieties of hands-on-puzzles, riddles, games, and mystery products to appeal to ages seven through adulthood, MindWare is marketed to parents, children, educators, businesses and professionals.

With this unusual "hands-on" emphasis on creative thinking, it should not be a surprise to discover the unorthodox MindWare creator and CEO Jeanne Voight, is a former opera singer with a degree in music.

While she admits to being a "corporate dropout," this year's recipient of the Minnesota Small Business Person of the Year Award said, "I wanted to get into an environment where I could combine more creativity along with the business side. Love business. Business for me is like a game, like a puzzle for me."

The three-year-old company is already profitable. Voight said, "The business is growing. We are clearly filling a need. Peo-

ple want this." MindWare is developing more of its own products to add to the successful Handful of Riddles, a deck of cards with word riddles dealing with the environment. Voight is most proud of the Bella Mystery Deck, starring MindWare's own 13 year-old Bella in 52 non-violent mysteries.

The catalog features an accompanying paragraph for each item, designating the specific intellectual and creative skills it addresses. There are word puzzles, games, and designs to "encourage expertise in problem solving."

Pattern and design puzzles and kits invite exploration in design and color composition and alternative solutions. Visual illusions for visual problem-solving promote focus and concentration. Math problems, including geometry, are posed in interdisciplinary contexts, even sports like football, basketball, and baseball.

"Escher's Kaleidocycles" provide two-dimensional pieces with the graphic artist's masterful designs of perspective and symmetry in color and form that can be formed into 3D shapes.

A range of age-appropriate materials cultivate components of critical thinking, nourishing observational acumen, supplying logic problems where students find winning strategies and apply deductive logic, and conjure other tactics within given parameters. Forethought, visualization, and cause and effect are also developed, accompanying analytic assessment.

Most products are multi-level in content and purpose and are sufficiently versatile to permit a user's inventive solutions. Made out of substantive materials to last, instruction booklets and suggested solutions are provided.

However, knowing how to deal with failure and success, acquiring patience, tenacity, and objectivity are integral skills in these fields of learning. There are materials for individual activities, games with contemporary themes, such as courtroom scenarios and science and weather, for friends and coworkers to relax and social-

Designer prefers royal creations

By JUDITH HARRIS SOLOMON
SPECIAL WRITER

Cynthia Bach likes to give jewels the royal treatment.

The Los Angeles-based jewelry designer, whose line is sold exclusively at Neiman Marcus stores nationwide, began creating heraldic jewelry in 1989 when a customer commissioned her to design a crown brooch for his wife to commemorate their

50th wedding anniversary. This inspired Bach to research crowns throughout history. "The crown is the ultimate jeweler's art," says Bach, whose heraldic designs include crown, cross, orb and scepter-shaped brooches, rings, bracelets, earrings and charms.

"In art history," Bach says, "there are 400 different crosses. It's a beautiful, classic shape that will never go out of style." Bach creates 18 different styles of crosses ranging from a show stopper piece that is three-inches high and two-

and-a-half inches wide, to a petite Botony Cross that is encrusted with diamonds.

She is particularly proud of her scepter pin that is pictured in the December issue of Town and Country magazine.

"It's my museum piece," she says. Made out of 17 different pieces, the five-and-one-half-inch-high pin features a pear-shaped, rubelite tourmaline stone, with an intense hot pink color and a diamond entourage.

While making a personal appearance earlier this month at Neiman Marcus in Troy, Bach said that charm bracelets are back in style. "People are buying charms like crazy. Husbands like them because they can buy one at a time."

Bach created a wonderful royal-themed charm bracelet in 1995 for a princess of Brunei.

Each link of the bracelet is a different design, and there are cross, heart, crown, orb and scepter charms.

Aaron Spelling recently purchased an identical one to give to his wife, Candy, for Chanukah this year. "But, don't tell anyone," Bach cautions. "It's a secret."

In fact, Bach's jewelry is very popular with Hollywood royalty.

"Arnold Schwarzenegger bought a big, medieval cross for Maria Schriver with citrines, sapphires and pearls. Of course, Arnold is going to buy the biggest," she says. "And the stars love baby jewelry. It's the hottest thing in L.A. Meg Ryan and Nastassja Kinski have my baby rosary necklaces."

Besides heraldic-themed pieces, other popular Bach designs include skinny stacking rings available in platinum, yellow or rose gold. Some have carved motifs; others have colored stones.

The rings appeared on the Oprah Winfrey show on Dec. 11. Afterwards, "our phone and the Neiman Marcus phone rang off the wall," says Jim Matthews, Bach's husband who is also a master jeweler.

Bach's jewelry is crafted almost entirely out of 18 karat gold (with a sprinkling of platinum and rose gold pieces), pearls, semi-precious and precious stones.

Everything is produced by hand — much of it under the microscope — and she personally selects all of the stones. Her exquisite workmanship employs five metalworking techniques: brocade work, gadrooning (grooves), hand-engraving, granulation (beading) and satin-finishing.

Each piece is intricately detailed. "Even the backs are pretty," Bach says. "I believe the back should be just as beautiful as the front."

The Neiman Marcus store in Troy has a permanent collection of Bach's designs.

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Putting it all together: The MindWare catalog provides parents and teachers with a source for mind challenging gifts and toys. The book has merchandise for all ages.

MindWare affords opportunities to invest in one's mind to acquire capabilities actually needed to adapt now as well as in the future. For a copy call 800-999-0398.

Editor's note: Barnett-Goldstein is a Southfield-based freelance writer who frequently believes children should be exposed to more than video games and computer programs. She endorses this catalog!

Oh thank heaven for 7-Eleven stores

7-Eleven stores can save the holidays if you've forgotten any essentials. Millions of Americans rely on 7-Eleven to be open holidays for those easy-to-forget essentials like film, batteries, milk, and bread.

But in recent years, the convenience-store chain has realized that in addition to servicing last-minute errand-runners, there are plenty of shoppers looking for an easy place to get unique holiday gifts and avoid the crowded malls.

This year, 7-Eleven has an expanded line of holiday items, which range from hostess gifts to wrapping paper, to holiday party platters and even Hickory Farms gift sets.

"Since 1962, when the stores first began to operate round-the-clock, about 95 percent of the 5,400 U.S. stores have stayed open on Dec. 25," said Wendy Barth, the company's vice president of sales and marketing. "It's also the company's busiest sales day of the year."

And while the company expects to sell a lot of staples like milk and bread, there are plenty of frantic holiday shoppers searching for that perfect gift for hostesses and friends.

Here are a few gift items at 7-Eleven that are sure to be a big hit with kids as well as adults:

■ "Santa Switchboard" phone card, which allows children to phone Santa and leave their wish list. Parents can then use the phone card to call and hear the child's requests. There's also 10 minutes of long-distance talk time on the card.

■ Festively-decorated 15- and 30-minute holiday pre-paid phone cards are perfect gifts for college students, military personnel, relatives and friends far from home.

■ Pages continue to be hot this year, and 7-Eleven has the Motorola Pro numeric pager for a suggested retail price of \$39.95, which includes activation val-

This year, 7-Eleven has an expanded line of holiday items, which range from hostess gifts to wrapping paper, to holiday party platters and even Hickory Farms gift sets.

ued at \$20. The pagers come in colors of teal, blue and black.

■ Back by popular demand are 7-Eleven's hand-painted porcelain holiday tree ornaments — free with any 8-gallon gasoline purchase. Customers can collect all five and even purchase three additional ornaments for a suggested retail price of \$4.99 each.

■ Perfect for men (and women) — new cigar gift packs, which include ash trays, cigar cutters and lighters. There's also a black leather cigar carrying case and humidifier for storing cigars.

■ 7-Eleven expects to sell 35,000 of its 1997 limited edition toy trucks — one is a 1928 Chevrolet truck, and the other a 7-Eleven/Citgo truck and carrier with working lights and motorized sounds that includes a removable NASCAR racer inside the carrier. Both are made of die-cast metal. Some stores began taking orders for the trucks in November. Each truck is numbered for collectibility.

■ You won't see the Coca-Cola bean-toys plush bear, seal and penguin anywhere but 7-Eleven. The popular animated advertising characters come with a small plastic bottle of Coke in one hand. Beanie collectors will want these items because of their high quality, uniqueness and limited availability.

■ Hickory Farms gift sets. One includes a beef stick, crackers, two cheeses, herbs and spice cheese spread

and hot mustard. The other has four varieties of meats and sausages.

Where's the party?
For parties and get-togethers, 7-Eleven stores will offer three varieties of holiday platters: spicy chicken wings, assortment of meats and cheeses and a vegetable medley with dip. The platters can be pre-ordered and picked up the following day.

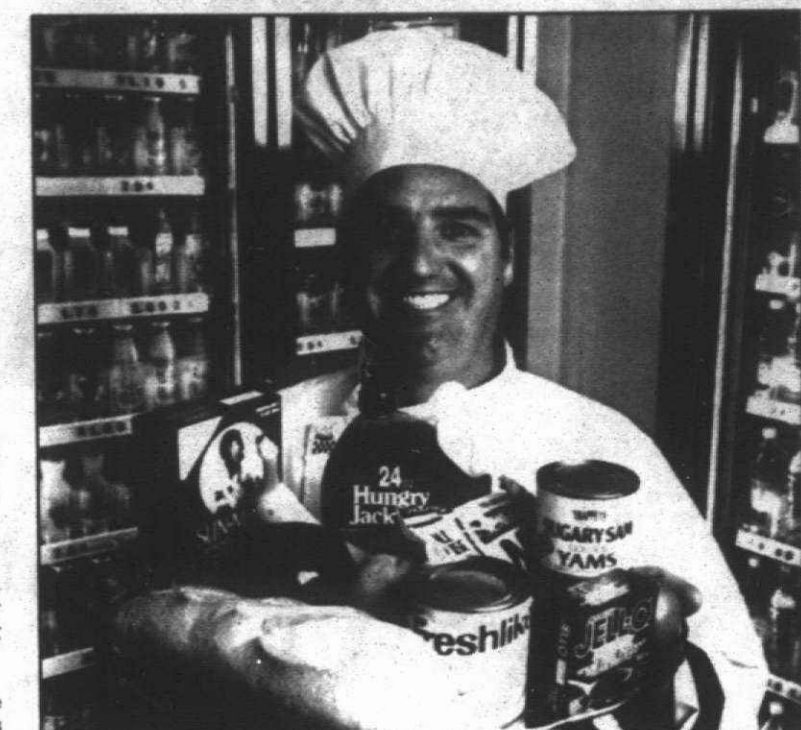
■ 7-Eleven's wide array of premium wines and champagnes make great hostess gifts, and the stores also carry festive holiday gift bags made especially to fit a wine or champagne bottle.

■ If sweets are preferred, there's a selection of Whitman and Russell Stover chocolates in boxed gift sets just waiting to be gobbled up.

■ Plenty of stocking stuffers like Barbie clothes and accessories, a Micro Machines collectible mini 7-Eleven store, Hot Wheels cars, Nintendo hologram wrist watches (only available at 7-Eleven stores), colorful holiday beanbag soft plush toys, festive socks for men and women, red and green glitter nail polish and an assortment of holiday earrings and matching pendants.

■ Lottery tickets and crisp bills from the automated teller machines make great stocking stuffers, too.

■ 7-Eleven even has an assortment of wrapping paper (sorry, you have to wrap it yourself), gift bags, bows and tissue.



Saved by 7-Eleven: Presidential chef Matthew Antonovich, who has cooked for five of the last six commanders-in-chief, faced a promotional challenge from 7-Eleven recently, and created holiday recipes from items at the 24-hour convenience store. Here's his recipe for Savory Stuffed Apples: 4 apples, 1 pound pork sausage, 8 oz. sharp, cheddar cheese grated, 3 teaspoons bread crumbs. Preheat oven to 350 degrees. Cut apples in half and core. Remove 1/2 apple pulp, chop and knead into the sausage. Stuff each apple half with the sausage mixture. Sprinkle each apple with 1 oz. of cheese. Top with bread crumbs. Bake 1 hour until apples are soft and sausage is cooked through.

Where can I find?

- The correct address for E.J. Danish modern chair cushions.
- Debbie is looking for a Mary Mag powder doll house from the early-mid 60's on magnetic stilts in its entirety.
- Fuzzy Wuzzy soaps.
- Lori is still looking for a card game from the 70's Mille Bourne.
- Denim bib overall for men 36 length for Kathy in Garden City.
- Revlon Lactol conditioning lotion for nails, cuticles, grey gone detergent.
- Linda of Troy is looking for a Barbie Bride doll with dark brown hair.
- Dishes from A&P bought in 1979 called "Diane."
- A video transfer box that transfers old 8mm film onto video movies, to rent or buy for Douglas of Farmington Hills.
- Word-of-mouth spaghetti sauce for Rose.
- Jill Sanders cologne for men for Darryl.
- The game Hotels for Barb.

- A recording by Bing Crosby and David Bowie of Little Drummer Boy for Steven.
- The Royal Doulton Coronet pattern in White for Fay.
- The Sesame Street by Vetex cartridge in green for Kim. She has the yellow and blue.
- Jean is desperately trying to come across a Cary Grant recording of Red Roses for a Blue Lady from many years ago.
- Two more callers said they want to locate a "Drowsy Doll" with pull string, too.

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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Class traces 'Herstory of Art'

Deborah Lubera-Kawsky challenges men and women alike to look through any art history textbook for images created by or for women.

Although women's contributions to the arts have been significant throughout history, explains Lubera-Kawsky, that has not been reflected in the teaching of art history. The majority of photographs found in the textbooks are representations of women.

Lubera-Kawsky, a Plymouth resident who graduated with a doctorate in art history from Princeton University, is about to change that. She will teach a new class, "The Herstory of Art: Women and the Visual Arts," beginning Wednesday, Jan. 7 at the Birmingham Bloomfield Art Association, 1516 South Cranbrook Road, Birmingham. For more information, or to register, call (248) 644-0866.

"How many women artists can you name?" asked Lubera-Kawsky. "In the art history textbooks you do see more images of women, than created by women. In Renaissance times, women were more to be seen than heard. Women were considered more objects than subjects. Elaborate dresses in the portraits represented importance of the family not the woman."

According to Lubera-Kawsky, the lack of images by or for women is an oversight often explained by the lesser social and economic status of women, by the perishable nature of the arts frequently practiced by women such as textiles and ceramics, and by the categorization of these arts as "minor arts."

Slides shown during the classes will document the history of women in art while examining a range of topics from portraits of women in Italian Renaissance art to contemporary art as political statement. She will also cover the achievements of women in the arts from the prehistoric era to the present time, highlighting women as subjects, patrons and artists. For the final session, Lubera-Kawsky plans to bring in a contemporary woman artist for her perspective on the state of women artists today. The class will also take a trip to the Detroit Institute of Arts to view works.

"Up until our own century, there were so many rules placed on women in society," Lubera-Kawsky. "It's inspiring to see how many obstacles they overcame."

Investigating the topic has been illuminating for Lubera-Kawsky.

"I wanted to do the class because I wanted to know about this myself. I ended up doing a lot of research on not only artists but historical background and placing the works in historical context. You need to know the history of how and why things were represented."

Some of the earliest self-portraits were created in the Middle Ages by women artists who were transcribing manuscripts.

"In the Middle Ages you either got married or joined the convent, and if women wanted to be artists, the monastery was the main center of learning where they could be trained and receive education."

Up until the Middle Ages, there is not much documentation of women creating art except for textiles.

"During the Renaissance and Middle Ages, we first started knowing the names of artists, but women weren't major figures in influencing the art of

Please see EXPRESSIONS, D2

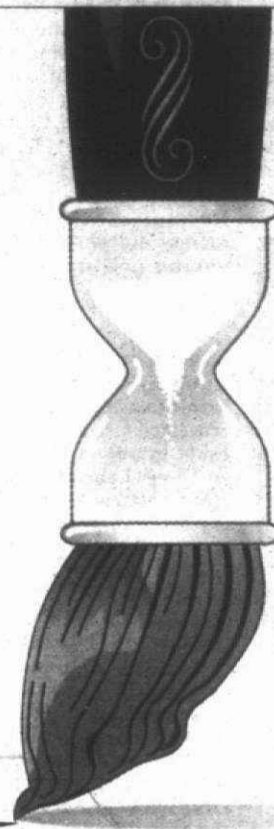


Women in art: Mary Cassatt created this pastel on paper titled "Women Admiring a Child" in 1897.

Artists draw on future

Creative leaders resolved, wishful, determined

BY FRANK PROVENZANO • STAFF WRITER



TAMMIE GRAVES/STAFF ARTIST

The annual rite of making New Year's Resolutions is upon us.

Raise a glass to the impeccable timing of the eternal calendar makers, those Dionysian comics who've combined year-end festive cheer with a dash of guilt.



After binging on food, sweets, family and football for the last week — and the biggest celebration ahead — we'll soon enter the push

and pull post-holiday season. Also known as the rest of our lives.

Get a notepad to consider a few resolutions of your own. It's a good way to jump-start those slumbering brain cells.

Follow along as members of the local arts community cogitate on their prospective course for 1998.

Some have made resolutions, and of course, some have assembled a wish list. But then, this is the arts, a world where having a dream is not idle reflection, but a prerequisite.

Building the arts community

"My resolution for the DIA is to build a stronger financial base for the museum and to expand the opportunities for people to experience art."

— Maurice D. Parrish, interim director
Detroit Institute of Arts

"To continue building on the popularity of opera among a young audience; to pay off the Detroit Opera House mortgage well in advance; and, to remain healthy so that I can meet the challenges that lie ahead."

— David DiChiera, general director
Michigan Opera Theatre

"I'm resolved to get the message out that Meadow Brook is here and the artistic standard is rising; to increase the audience by 4,000; and, to make a lot of noise."

— Geoffrey Sherman, artistic director
Meadow Brook Theatre, Rochester Hills

"We're resolved to find a generous soul who'll donate the funds (\$2 million) to complete Phase III and Phase IV of the BBAA's building project."

— Janet Torno, executive director
Birmingham Bloomfield Art Association

"Our hope for 1998 is that the arts will find a place in every home in our community and every person is reached by the PCAC and its programs."

— Jennifer Tobin, executive director
Plymouth Community Arts Council

"To bring more activities to make this the center of arts in the area; to introduce new programs in theater, dance and ethnic classes; to get more exposure so people know we're here."

— Helen Gale, programmer
Southfield Centre of the Arts

"To continue to increase the interest in the arts by spreading the word through information (via a newsletter and cable), good publicity and leadership."

— Bob Sheridan, chair
Livonia Arts Commission

"To help foster a feeling in the community that celebrates the spirit that's central to the arts."

— Maury Okun, executive director
Detroit Chamber Winds, based in Troy

"To create full houses. Of course, the \$64,000 question is how to do it. On a personal level, I'm resolved to begin playing piano again."

— Bob Bennett, president
Livonia Symphony Orchestra

Proverbial search

"To find a visionary with deep pockets who can help us double the size of the museum."

— Gregory Whitkopp, director
Cranbrook Art Museum

"To expand the funding base and explore more partnerships; and, to take time to enjoy the arts as we're administering them."

— Betty Ruedeselli, executive director
Paint Creek Center for the Arts, Rochester

"To encourage the acceptance of the public sculptures (around Livonia); to enhance any of our existing city (arts) facilities."

— Lee Alankas, vice chair
Livonia Arts Commission

"To reach into the schools more meaningfully; increase the size of our audience and develop a broader base of support."

— Russell Reed, music director
Plymouth Symphony Orchestra

"To show the kind of art that is open and expressive and will invite viewers to get in touch with their own feelings and to come away with new ideas."

— Alan Cary, Director
Cary Gallery, Rochester

"To educate our customers about Native American art and artists; to encourage people to seek out art by visiting a museum or gallery."

— Annette Horn, owner
Native West, an art gallery in Plymouth

"To continue to bring extraordinary cultural events to our community enriching the human soul and spirit through music."

— Ginka Gerova-Ortega of Bloomfield Hills
artistic director, Musica Viva
International Concerts

Smell the roses

"To be more organized and to work more efficiently. I always say I want to work harder, but then I always say 'Don't work so hard and smell the roses.'"

— Laurie Eisenhower, director
Eisenhower Dance Ensemble, Rochester Hills

"Eat more healthy food; attend more movies at the DIA with my new husband; stop nagging my 29-year-old brother to clean his apartment."

— Laurie Landers Goldman of Birmingham
violinist, Detroit Symphony Orchestra

"To focus more on my own work; to work less on boards and community activities. I'd like to complete 20 new works next year."

— Sergio DeGiusti, sculptor
Redford resident

"To find ways to revive spirituality in my work, and to get back to the basic relationships of why an audience is moved."

— Geoffrey Sherman, artistic director
Meadow Brook Theatre

"To be instrumental in creating an awareness of the value of art in our society and in each individual's life."

— Janet Torno, executive director
Birmingham Bloomfield Art Association

"To promote what the late Walter Buhl Ford II said, 'Art in all its forms and manifestations of expression is the soul of living.'"

— Alan Cary, director
Cary Gallery, Rochester

Lift your resolution

And lastly, Ginka Gerova-Ortega, artistic director of Musica Viva, perhaps best articulated the spirit of those who seek artistic expression as a way to understand themselves and appreciate the vast differences among the people of the world.

"Live your dream and god-given talent to the fullest," said the renowned Spanish-born flutist. "Radiate love. Believe in the miracle of goodness."

Take a moment. Raise a glass. Lift your resolution.

And believe.

EXHIBITION

Painter highlights city, village life

Littorio Del Signore

What: An exhibition of approximately 30 oil paintings by the artist born in Italy and now living in Montreal.
Where: Park West Gallery, 29469 North-western Highway, (between 12 and 13 Mile Roads) in Park West Plaza, Southfield. To R.S.V.P. for receptions with artist or for more information, call (800) 521-9654.
When: Friday-Sunday, Jan. 16-18, with receptions to meet the artist 7-9 p.m. Friday, and 2-4 p.m. Saturday and Sunday. Regular gallery hours are 10 a.m. to 6 p.m. Monday-Wednesday, until 9 p.m. Thursday-Friday, and 11 a.m. to 6 p.m. Saturday-Sunday.

BY LINDA ANN CHOMIN
STAFF WRITER

Littorio Del Signore has been painting since he was 6 years old. "I have the need inside to express myself in painting," said Del Signore, who was visiting his cousin John Del Signore and wife Lina at their restaurant Fonte d' Amore on Dec. 18 to check last minute details for his one-man exhibition Jan. 16-18 at Park West Gallery in Southfield. "I paint what I think in my heart and my mind; it's very romantic."

Created in post-Impressionist style, the 30 oil paintings distinguish the 59-year-old Montreal resident as an artist of the people as Del Signore portrays men, women and children engaged in everyday activities. Each city, village and market scene is bathed in golden morning light or sunset rose.

Lina translated for Littorio Del Signore who speaks Italian and French but little English as they met with Park West Gallery president

Please see PAINTER, D2



Impressionistic light: Littorio Del Signore, an artist of the people, creates everyday scenes such as this painting titled "The Break."

Expressions from page D1

the day," said Lubera-Kawsky. "During the Renaissance, women were primarily portrait artists then started moving into history painting. Male artists resented the move."

In the Baroque era, Artemisia Gentileschi (1593-1653) was probably the most significant woman artist and one of the first to move into the male dominated area of history painting. Her oil on canvas "Judith and Malservant with the Head of Holofernes" (c. 1625) is one of the paintings the class will visit



Self portrait: The age of enlightenment did not filter down to women like Elisabeth Vigee-Lebrun, the official portrait painter to Marie Antoinette.

at the Detroit Institute of Arts. The painting shows Judith of the Old Testament. Judith lib-

erated her people from an advancing army by seducing and then beheading the general of the army.

"Artemisia's own experiences affected what she represented in her art," said Lubera-Kawsky. "She was raped by one of her instructors so she often represented women being wronged."

In the 18th century, the Age of Enlightenment did not filter down to women like Elisabeth Vigee-Lebrun (1755-1842), the official portrait painter of Marie Antoinette before the French Revolution. However, women artists did play a role in influencing politics. Even though some of them almost lost their heads doing it.

"At the time, artists were political propagandists," said Lubera-Kawsky. "During the revolution Marie Antoinette was criticized for saying 'let them eat cake' in reference to her subjects so Vigee-Lebrun painted Marie Antoinette with her children to try to change her image. After the family was executed, Vigee-Lebrun fled the country fearing for her life."

In the late 18th century, Mary Cassatt (1844-1926), was one of the most influential female artists. She painted primarily women and children.

"We know a lot about her art, but she was important in promoting the French Impressionists," said Lubera-Kawsky. "At the time, French Impressionism was very revolutionary and people didn't like it."

Women artists, such as Cassatt, could not take a life drawing class with nude female models until the 19th century, nor

with male nudes until the 20th century.

"It wasn't considered proper," said Lubera-Kawsky. "Now it seems silly for us to think a woman couldn't go to a life drawing class to study from a male nude."

One of the most important women artists in the last half of the 20th century is Judy Chicago (b. 1934) who relays feminist issues in her work. The class will also cover African American artists such as Faith Ringold.

"I wanted to do the class because I wanted to know about this myself," said Lubera-Kawsky. "I ended up doing a lot of research on not only artists but historical background and placing the works in historical context. You need to know the history of how and why things were represented."

A mother of an 18-month-old and 4-year-old, Lubera-Kawsky would like to offer an art history class for children at the Birmingham Bloomfield Art Association in the future. Unlike the art history classes Lubera-Kawsky taught at the University of Michigan-Dearborn, the BBAAs offer her the freedom to design courses.

"I was so impressed by the depth of the appreciation of the arts at the BBAAs, and I like being involved with the community," said Lubera-Kawsky. "I like to bring art to life, to discuss the function of art, how it was used to save your soul during the Middle Ages and Renaissance. Those paintings of objects were part of daily life."

Linda Ann Chomin is an arts reporter for the Observer & Eccentric Newspapers.



History painting: Artemisia Gentileschi painted the oil on canvas "Judith and Malservant with the Head of Holofernes" in 1625. The maid-servant is thought to be a self-portrait of the artist.

PHOTO COURTESY DETROIT INSTITUTE OF ARTS

Painter from page D1

Albert Scaglione.

Born in Italy, Del Signore studied with Panfilo De Beato and J.P. Serrallonga in Anney, France, at Ecole des Beaux-Arts where he earned a diploma with honors.

Mesmerized by its cosmopolitan charm, Del Signore moved to Montreal 15 years ago. Much of his work is documented in the book titled "Del Signore."

For the city scenes, Del Signore sketches on location, then uses his imagination. When the subject matter is architecture such as his paintings of Laurel Manor and Madonna University, Del Signore works from photographs to maintain accuracy. But even these paintings of buildings incorporate people going about their daily lives.

"Thirty years ago when I finished school in France, everything was abstract," said Del Signore. "I wanted to do something different. I wanted to do the figure."

An admirer of Sargent and Cassatt, Del Signore strives for brush work that's fast and spontaneous. The painting must be complete in his mind before he picks up a brush. Then he paints very fast. When his daughter Sonia, also an artist, married, Del Signore painted 250 miniature works to give each of the guests at the wedding.

In preparation for the Park West show, Del Signore started painting one year ago. With every painting sold, Littorio says that the purchaser is taking away a part of him. "All of my paintings are my children," he said.

Classical influence This is Del Signore's first show at Park West Gallery, and his premier exhibition in America although he has work in private, public and corporate collections in Europe and America such as the Pinacothèque and City Hall of Chieta, Italy, the City Hall of Lavalle, Quebec, in Canada, Gallery of the Museum of Montreal, Kaspar Gallery of Toronto, and the private collection of singer Celine Dion.

"I feel the work is excellent, powerful. It comes out of a background of Italian artists, the Renaissance and painters like Tintoretto," said Scaglione. "It's hundreds of years of Italian painting coming to a contemporary culmination."

Scaglione met Del Signore a year ago after receiving a phone call from Frank Stella to come to Fonte d'Amore to see the work of the Italian artist. Since that time, Scaglione began selling Del Signore's paintings in the gallery. Delighted with the quality and content of a group of paintings he received this fall, Scaglione asked Del Signore to do a show in January.

"He's been painting 40 years so you're looking at a level of high craft and beautiful Impressionist brush work," said Scaglione. "If you look at the light it just glows. Littorio does (well) very well in Montreal. It's the sign of a popular artist when you ask if he has any paintings, he'll say a few then you know he sells."

"This is one of the first opportunities as an Italian American to find someone that so well fits the classical painting of Italy today," said Scaglione, "and because his market has been Montreal, his prices are such that I feel the show will be a sell out."

Scaglione estimates paintings will, on average, range from under \$1,000 to \$4,000.

Together again John and Littorio Del Signore took different roads after growing up in Italy. They met again at a relative's wedding in New York after being apart 40 years. "We lost communication, but now we're together," said John, whose brother is a sculptor in Italy. "Littorio's original, and he's a very hard worker, what he does he puts in his heart and soul. We're cousins and it makes me feel proud."

Lina remembers Littorio at age 14 painting the skirt of one of her friends back in Italy. When asked what she likes about his painting, Lina replied, "there isn't anything I don't like. It's not just what he sees, but his creativity. He's very honest. Each painting, I saw has a reality. I see the reality of something he's done from his heart. I see love."

AUDITIONS / CALL FOR ENTRIES

NAT'L ANTHEM AT AUTO SHOW
Open auditions for children ages six to 10 to sing the national anthem in a small choir at auto show, 2-4 p.m. Sunday, Dec. 28 at Highland Park Baptist Church (door F Music Room) at 12 Mile and Lahser, Southfield. Different regions and ethnic representations needed. Performance scheduled 5:30 p.m. Tuesday, Jan. 9 at Cobo Hall. (248) 349-4466.

FARMINGTON COMMUNITY CHORUS
Auditions for spring session 7:30 p.m. January 6 & 13. Chorus performs two major shows each year, a holiday concert and a spring concert. Must be an area resident, at least 18 years old. Farmington Hills Activity Center, 11 Mile Road, east of Middlebelt, Farmington Hills: (248) 471-4516.

NAT'L JURIED EXHIBIT & ART & APPLES AT PCCA
Paint Creek Center for the Arts seeks entries for national juried all media exhibition, March 27-April 24, 1998. Deadline for slide entries: Jan. 15, 1998. PCCA seeks applications from artists in fine arts or fine crafts at the Juried Art & Apples Festival, Sept. 12-13, 1998. Slides must be received by March 6, 1998. Entry fee: \$20. For prospectus and application form write or contact PCCA, 407 Pine Street, Rochester, MI 48307: (248) 651-4110.

17TH ANNUAL MICHIGAN FINE ARTS COMPETITION
Birmingham Bloomfield Art Association seeks entries for its statewide all media competition, March 6-27. For information and a prospectus, call (248) 644-0866.

MICHIGAN DRAWING BIENNIAL '98
Hand deliver entries to Room 106 Ford Hall, Eastern Michigan University by 3 p.m. Saturday, Jan. 10. Opening reception Tuesday, Feb. 3, exhibit thru Feb. 20. For information, contact Eastern Michigan Art Department.

SCHOOLCRAFT COLLEGE COMMUNITY CHOIR
7:30 p.m. Tuesday, Jan. 13 & 20. Fifty voice choir includes both students and experienced singers of all ages. St. Paul's Presbyterian Church, 27475 Five Mile Road (west of Inxter Road), Livonia: (248) 349-8175 or (313) 462-4435.

VERY SPECIAL ARTS MICHIGAN
Call for art by people with disabilities for a juried exhibition. Deadline: Jan. 15. Contact: VSAI office, 21700 Northwestern Hwy., Southfield, MI 48075; (248) 423-1080.

MUSIC COMPETITION
The Bohemians Club, a.k.a. the Musicians Club of Greater Detroit, will host its first annual Solo Concerto Competition for orchestral instruments. Prize money will be awarded. Contestants, aged 16 to 18, must submit performance tape by March 1, 1998. Send to: Herbert Couf, c/o The Bohemians, 37685 Russett Drive, Farmington Hills, MI 48331.

DOCUMENTA USA
Slides, videotape (no longer than 15 minutes) for a three-month spring 1998 exhibit. Every submission will be presented. Artists of any medium, age free to participate. The Museum of Contemporary Art, 23 W. Lawrence St., Ste. 301, Pontiac, MI 48342.

PARK PLAYERS
7:30 p.m. Thursday, Jan. 8 & 11 p.m. Sunday, Jan. 11. Open audition for Gilbert and Sullivan's "The Mikado." All roles open for casting. Prepare 16 bars of a song to demonstrate vocal range. An accompanist will be provided. Scheduled performances March 21-23, 28-30 and April 3-4, 1998. North Rosedale Park Community House, 18445 Scarsdale, Detroit: (313) 459-2332.

HARBOR BELLS
English secular hand bell choir has openings for ringers 18 years or older. Must read music. Rehearsals on or before, Sept.-June. (248) 681-6453.

BREVARD MUSIC CENTER AUDITIONS
Regional auditions of Michigan, Room #2043, Brevard Music Center, a summer music festival in the Blue Ridge Mountains of North Carolina. The program runs June 24-Aug. 9, 1998 for advanced instrumentalists ages 14-35, and for opera students who have completed at least one year of college study. Auditions will serve both admission and scholarship purposes. To schedule an audition, and for more information, call Lynn Johnson, (704) 884-2975.

PCCA WINTER CLASSES
Registration open for classes from 4 years old and up. Classes run, Jan. 19-March 4, 407 Pine Street, Rochester. To register, (248) 651-4110.

ANN ARBOR ART CENTER
Winter classes begin the week of Jan. 12, including garden vessel workshop, painting, landscapes, figurative painting, 117 W. Liberty, downtown Ann Arbor: (313) 994-8004.

WINTER CLASSES WITH KAREN HALPERN
January and February classes with noted Bloomfield Hills artist. Class offerings include a range of media. Locations include Birmingham, Bloomfield Hills, West Bloomfield, Ferndale and Potosi. Schedules and information, call (248) 851-8215.

CHRISTMAS CAROLS
4 p.m. Sunday, Jan. 4, The Polish Choral in a concert of Polish Christmas songs, St. Barbara, 13534 Colton, Dearborn: (313) 863-6209.

BIRMINGHAM BLOOMFIELD SYMPHONY ORCHESTRA
7:30 p.m. Sunday, Dec. 28. "Between the Holidays Spectacular," conducted by Felix Rickett, guest artist pianist David Syme. Program includes Tchaikovsky's Symphony No. 5 in e minor, Op. 64, Rachmaninoff's Piano Concerto No. 3 in d minor, Op. 30.

CLASSES & WORKSHOPS
WINTER CLASSES
Registration for Jan. 5-March 28 classes, new offerings include Women and

Noteworthy

Gallery exhibits, art shows, classical concerts

MAKING CONTACT: Please submit items for publication to Frank Provenzano, Observer & Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009 or fax (248) 644-1314.



Hibiscus Rising: One of the new works by painter Nancy Wolfe on exhibit through Jan. 15 at the Ann Arbor Art Center, 117 W. Liberty, Ann Arbor; (313) 994-8004.

Visual Arts, Color Theory and Application, Experimental Basketry with Paper, Introduction to Printmaking, Steel Sculpture Workshop, Birmingham Bloomfield Art Association, 1516 Cranbrook Road, Birmingham: (248) 644-0866.

PARTICIPATE IN PERFORMING AND FINE ARTS
Jingle BELL, Inc. of Rochester Hills offers members of Rochester and neighboring communities a program to expand skills to build self-confidence through participation in the arts. Winter classes: 7:15-8:30 p.m. Tuesday, Jan. 13-April 1. "Live Wires," the basics of vocal, drama and choreographic techniques: 4:15-5:30 p.m. Wednesday, Jan. 14-April 1. "Broadway Brigade," instruction in music and theater: 3:15-4:15 p.m. Wednesday, Jan. 14-April 1. "Short Circuit," a children's class covering basics of drama, singing and movement with emphasis on developing listening skills: (248) 375-9027.

SOUTHFIELD CENTRE FOR THE ARTS
Winter classes: 7:10 p.m. Tuesday, Jan. 13. "Landscape in Pastel," \$120/10 weeks: 7:10 p.m. Thursday, Jan. 8. "Ceramics," \$50/8 weeks: 7:9 p.m. Wednesday, "Painting & Drawing," \$75/6 weeks: 9 a.m.-4 p.m. Saturday, Jan. 17. "Experimental Watercolor Workshop," \$40/1 meeting: 9:30 a.m.-12:30 p.m. Monday, Jan. 12. "Introduction to Watercolor," \$75/6 weeks: 1:4 p.m. Monday, Jan. 24. "Charm Making Workshop," \$35/1 meeting: 7:30 p.m. Tuesday, Jan. 20. "Basic Bead Stringing," \$10/1 meeting: 7:9 p.m. Tuesday, Jan. 13. "Vintage Beaded Knitted Bags," \$15/1 meeting. Southfield Centre for the Arts: 24350 Southfield Road, Southfield: (248) 424-9022.

JANICE CHARACH EPSTEIN MUSEUM/GALLERY
Through Dec. 31 - "Threads," an exhibit and sale of quilts, fabric art, textiles and tapestries. Jewish Community Center, 6600 W. Maple Road, West Bloomfield: (248) 661-7641.

KNOLLWOOD GALLERY
Through Dec. 31 - "Food Art of David McCall Johnston," 6447 Inxter Road at Maple, Bloomfield Hills: (248) 626-9844.

OAKLAND COUNTY GALLERIA
Through Dec. 31 - 50th anniversary of the Michigan Weaver's Guild, 1200 N. Telegraph Road, Second Floor, Executive Office Building, Pontiac: (248) 858-0415.

ZEITGEIST GALLERY/PERFORMANCE VENUE
Through Dec. 31 - "The Hi & Goodbye Show," paintings by Jacques Karamouniak and sculptural woodcuts and prints by Karl Schneider, 2661 Michigan Avenue, Detroit: (313) 965-9192.

CLIQUE GALLERY
Through Jan. 3 - 7 p.m., "8 Years, 3 Floors," Elaine Redmond's mannequin series, 200 W. Fifth Avenue, Royal Oak: (248) 545-2200.

DONNA JACOBS GALLERY
Late Hellenistic jewelry from 2nd to 1st century B.C. 574 N. Old Woodward, Birmingham: (248) 504-1600.

ELIZABETH STONE GALLERY
Through Jan. 3 - "Feliz Navidad," Celebrate the Holidays," children's book illustrations by Elisa Klevin, 536 N. Old Woodward Avenue, Birmingham: (248) 647-7040.

GALLERIE BLEU
Through Jan. 4 - "Art and Artifact," a student exhibit under the direction of fiber artist/sculptor Susan Aaron-Taylor, 568 N. Woodward Avenue, Birmingham: (248) 594-0472.

CREATIVE RESOURCE
Through Jan. 5 - "Richard Jerry: New Paintings," 162 N. Woodward Ave., Birmingham.

NETWORK GALLERY
Through Jan. 10 - "New Work" by Susan Goethel Campbell, and "Enclosures," an exhibit of picture frames, 7 N. Saginaw Street, Pontiac: (248) 334-3911.

SUSANNE HILBERY GALLERY
Through Jan. 10 - "Rackstraw Downes, Ellen Phelan, Malcolm Morley: Recent Paintings and Works on Paper," 555 S. Woodward, Birmingham: (248) 642-8250.

SYBARIS GALLERY
Through Jan. 15 - "Sculpture" by Susan Martin, 202 E. Third Street, Royal Oak: (248) 544-3388.

ANN ARBOR ART CENTER
Through Jan. 15 - New Works by painter Nancy Wolfe, 117 W. Liberty, Ann Arbor: (313) 994-8004.

HABATAT GALLERIES
Through Jan. 15 - New glass work by Pavel Hlava, 7 N. Saginaw Street, Pontiac: (810) 333-2060.

POSNER GALLERY
Through Jan. 16 - Group exhibit of new works by Marianne Hall, Annie VanGeleiren, George Snyder and Paul Jacobson, 523 N. Old Woodward Street, Detroit: (248) 647-2552.

REVOLUTION
Through Jan. 17 - Sculpture by James Shroobers, including wall mounted and free-standing sculpture; and "On Paper II," prints and drawings of Frank Auerbach, Dara Walker and Sue Williams, 23257 Woodward Avenue, Ferndale: (248) 541-3444.

SHAWNGUIDO GALLERY
Through Jan. 17 - "Six Views: New work by Susan Benier, John Garitano, Adelade Paul, Betty Rosenmiller, Bonnie Seeman, Deborah Sigel," 7 N. Saginaw Street, Pontiac: (248) 333-1070.

WORDS INTO PLOWSHARES
Through Jan. 17 - "Transforming Visions," an international exhibit based on the theme of the "need for peace," 33 E. Adams Avenue, Detroit: (313) 963-7575.

MEADOW BROOK ART GALLERY
Through Jan. 17 - "Transforming Visions," an international exhibit based on the theme of the "need for peace," 33 E. Adams Avenue, Detroit: (313) 963-7575.

DIA EDUCATION PROGRAMS
Sunday, Dec. 28 - noon "Great Cities of the Ancient World: The Pyramids and the Cities of the Pharaohs," a video presented in the Lecture Hall, 1:30 & 3:30 p.m. "Kasabnera - Devotion to Dance," a video presented in the Lecture Hall, 2 p.m. "Jadu," a concert and dance performance featuring flutist Ginka Gerova-Ortega and classical modern Indian dancer Puspita Das, Lecture Hall, Monday, Dec. 29 - 11 a.m. & 2 p.m. "Family Theater: Ancient Echoes - Tales from Egypt," DIA Theatre, 2 p.m. "Cinderella," a puppet show, Lecture Hall, Wednesday, Dec. 31 - 2 p.m. "A New Year's Gift Gallery," dance tunes and ballads to the sounds of shawms, crumorns, recorders, lutes and drums, Italian Galleries, W220, Detroit Institute of Arts, 5200 Woodward Avenue: (313) 833-4249.

HISTORY OF THE BLUES
7 p.m. Wednesday, Jan. 7 (jazz historian and musician E. Howard Nelson presents a lecture on "The History of the Blues," presented in conjunction with Meadow Brook Theatre's production, "Thunder Knocking on the Door: A Biographical Tale of Rhythm and the Blues, 500 Ohio Town, Rochester: (248) 370-3321.

ART OF CHINA
Six-week survey of Chinese Art begins 7:30-9:30 p.m. Monday, Jan. 12. Professor Michael Saylor will trace the development of Chinese art from Neolithic origins through the 19th century with attention to the sculpture, scroll painting and decorative arts. Fee: \$80 six week course, \$15 per lecture. Southfield Centre for the Arts, 24350 Southfield Road: (248) 424-9022.

AGC, I. GALLERY
Jan. 9 - 6 p.m., "Ashes to Ashes," featuring Jeanne Bieri, Anne Fracassa, Preston Prout and Jack Summers. Through Feb. 13, A.C.T. is an artists cooperative. Hours: Friday Sat, noon-5 p.m. 29 E. Grand River, across from n

north side of the Woodward Avenue Hudson's building: (313) 371-6522.

ANN ARBOR ART CENTER
Jan. 9 - 6 p.m., "New works from Susanne and John Stephenson," two nationally recognized ceramists. Their latest works explore manifestations of nature through their abstracted, tactile sculpture. Through Feb. 8, 117 W. Liberty, downtown Ann Arbor: (313) 994-8004, ext. 122.

JANICE CHARACH EPSTEIN MUSEUM/GALLERY
Jan. 11 - 2 p.m., "The Birth of Israel," color photographs taken half a century ago of Israelis struggling to survive while creating a Jewish state. Through Jan. 29, 6600 W. Maple Road, West Bloomfield: (248) 661-7641.

ALFRED BERKOWITZ GALLERY
Jan. 15 - "Diversity: Focus on Islam," works of Islamic art, Middle-Eastern crafts and traditional calligraphy. Through Feb. 21, The University of Michigan Dearborn, Third Floor of the Margidian Library, 4901 Evergreen Road, Dearborn: (313) 993-5058.

JACOB COMMUNITY ARTS GALLERY
Jan. 16 - "Laughing Ten years After," an international touring exhibit of contemporary art by women artists. Through Feb. 21, Community Arts Auditorium, 5400 Gullen Mall, Wayne State University: (313) 577-2423.

HOLIDAY ART GIFTS GALLERY BIRMINGHAM
Through Dec. 29 - Holiday exhibit, featuring Marjell Anoro, John Asaro, Sohil Hohn and Rick Laney, 390 E. Maple, Birmingham: (248) 540-8505.

CHRISTIE'S GALLERY
Through Dec. 30 - "Art Wear & Gifts," featuring jewelry, handbags, ceramic ornaments, 34649 S. Woodward, Birmingham.

CREATIVE ARTS CENTER HOLIDAY MARKETPLACE
Through Dec. 31 - Annual gift shop includes all media. Proceeds benefit the arts center, 47 Williams Street, Pontiac: (248) 333-7849.

MILLERS ARTISTS SUPPLIES
Through Dec. 31 - "Holiday Gift Bazaar," featuring works by local artists, 279 N. Nine Mile Road, Ferndale: (248) 414-7070.

MOORE'S GALLERY
Through Dec. 31 - "African Gift Items," including baskets, batiks, dolls, masks and jewelry. 324 Woodward Avenue, Birmingham: (248) 64-SHONA.

PARK WEST
Through Dec. 31 - "Annual Holiday Show," featuring Linda Le Kneif, 29469 Northwestern Hwy., Southfield: (248) 354-2343.

PEWABIC POTTERY
Through Dec. 31 - Annual holiday show "Earthly Treasures," 10125 E. Jefferson, Detroit: (313) 822-0954.

SILK PHOTOGRAPHY
Through Jan. 20 - Annual Holiday Photo Sale," 14261 Nadine, Oak Park: (248) 544-1203.

INDIAN MUSIC & DANCE
Through Dec. 31 - "African Gift Items," including baskets, batiks, dolls, masks and jewelry. 324 Woodward Avenue, Birmingham: (248) 64-SHONA.

JAZZ REVISTED
8 p.m. Wednesday, Dec. 31. "Jazz Revisted," featuring James Dapozny's Jazz Band in a celebration of swinging, Jazz Hosted by Michigan Radio's Hazen Schumacher. Other featured performers include vocalist Bano Gibson and Frank Jackson. Tickets: \$25. (248) 645-6666. Sponsored by WUOM, WVGW, WFUM, Power Center, University of Michigan campus. Ann Arbor. For information, (313) 764-9210.

BALDWIN LIBRARY
New Wednesday, Jan. 7. "Books at Lunch," a reading series meets the first Wednesday of the month. Works to be discussed include "Longitude: The True Story of a Lone Genius Who Solved the Greatest Scientific Problem of His Time" by David Sobel and Katie Atkinson's "Behind the Scenes at the Museum." No registration required. 300 West Merrill, downtown Birmingham. (248) 647-1700, ext. 2.

OPEN MIC AT CARIBOU
Third Wednesday of each month. Caribou Coffee, Walton & Livernois. (248) 544-4657.

SINGING
A CAPELLA
4 p.m. Sunday, Jan. 11. Internationally renown Canada's Star Scope Singers. Each singer has a three octave range. Material ranges from traditional classics to unique arrangements of contemporary classics. Tickets: \$12 & \$20. Shrine Chapel, St. Mary's College, 3535 Indian Trail, Orchard Lake: (248) 683-0521.

STORYTELLING
CRANBROOK ART MUSEUM
11:30 a.m. & 1:30 p.m. Sunday, Dec. 28. "Betwixt the Holidays: Storytelling with LaRon Williams." Admission: \$4 adults, \$2 students, children and seniors. 1221 N. Woodward Avenue, Bloomfield Hills: (248) 645-3323.

VOLUNTEERS
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TRAVEL

Livonia couple stake out their paradise in Hawaii

BY HUGH GALLAGHER
STAFF WRITER

George and Sharon McConnell have staked out their place in paradise.

The McConnells of Livonia had their honeymoon in Hawaii, their fifth anniversary in Hawaii and, a year ago November, their 10th anniversary in Hawaii. And they plan to go again. And before she was married, Sharon, who works for United Parcel, had already been to the 50th state twice.

"It's a tropical paradise, but in this country," said George, who works at General Motors Hamtramck plant. "You feel safe. In Cancun or the Caribbean, you're still traveling outside your country. There you don't need a passport."

The McConnells had done Oahu and Kauai on past trips. This time they went to Maui and the Big Island of Hawaii, where

an active volcano has been spewing a steady flow of lava.

Hawaii is a place where you can relax on a white or black sand beach as you watch 8-foot waves carry surfers into shore or it's a place you can participate in a variety of activities.

The McConnells did a bit of both.

"Neither of us had been snorkeling before," said Sharon.

So she bought a throwaway, underwater camera for a snorkeling adventure off Hawaii Island. The snorkelers gathered in the bay at Captain Cook's monument.

"The water was crystal clear and the colors there were the colors of the rainbow," said George.

The snorkeling was an all-day adventure with a barbecue lunch in between snorkeling.

"It was all ages, they didn't push anyone, but they encouraged everyone," George said.

And Sharon's underwater pictures came out surprisingly good.

The McConnell's took helicopter rides over both islands. On the day they explored Hawaii there was a heavy fog and the active volcanoes were erupting and spewing steam making it impossible to fly to the peaks.

"Lava covered the roads in places. And we were close to where it flows into the ocean," Sharon said, showing pictures of billows of steam along a winding beach.

As seasoned Hawaiian travelers, the McConnells have some tips for those who want to go.

On Maui, they had stayed in the Kaonpali area but after being checked into a hotel they didn't like, they were moved to the Wailea area, which they proclaimed superior in every way.

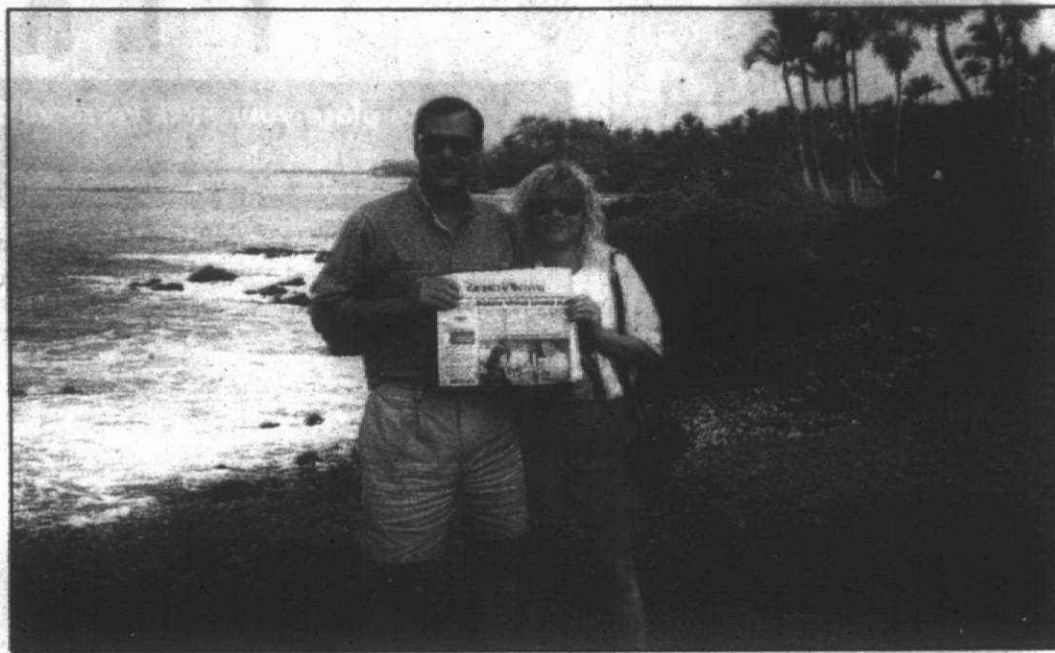
"Stay away from Waikiki (on Oahu), it's just another big city. Go to the Big Island of Hawaii if you want to get away from people," George said.

"Take half of what you think you'll need. We packed too much," said Sharon.

"Go to Pearl Harbor at least once, make it a side trip. Go to Maui and Kauai," George said.

Other prime Hawaiian activities include parasailing, scuba diving and submarine rides to view tropical fish, beautiful golf courses and bicycling.

Seafood is the top cuisine of the island, but every hotel plays host to a luau where a pig roast takes center stage in a show that includes hula dancers and native Hawaiian music. The McConnells said they went their first time but have steered clear since. The island restaurants range from McDonalds to Planet



In paradise: George and Sharon McConnell took their Observer along on their trip to Hawaii.



Jungle vista: This lush vegetation is a hallmark of Hawaii's beautiful islands.

Hollywood to expensive seafood and Oriental restaurants.

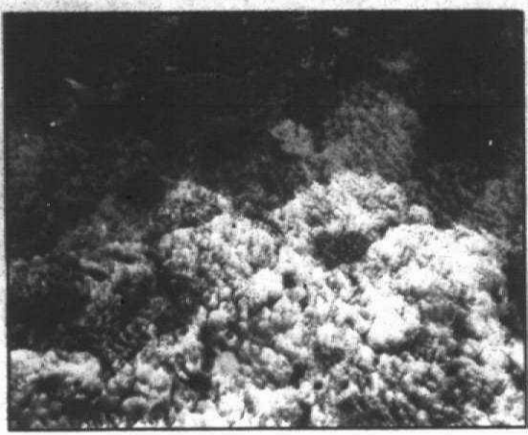
The McConnells admit that Hawaii can be expensive.

"It's expensive, but not as out of reach as some people think. We usually ate just one major meal a day and grabbed snacks the rest of the time, because we were always on the move," said Sharon.

"You can go there pretty cheap because there is a wide range of hotels," said George.

The McConnells said their vacation was somewhere in the middle at around \$3,500.

And they definitely plan to go again.



Undersea theater: Sharon McConnell captured this underwater parade off Hawaii Island with a throwaway waterproof camera.

GREAT ESCAPES

Great Escapes features various travel news items. Send news leads to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

WINTER DRIVING TIPS

As winter brings on rain, fog, snow and ice, AAA urges motorists to use caution when driving in wet and hazardous conditions.

"Winter can be a dangerous driving season for motorists," said Ron Kennedy, a AAA Northern California spokesman. In California last year, 224 people were killed and 14,050 were injured in weather-related crashes, according to the CHP.

To help motorists avoid wet weather collisions, AAA recommends the following:

WET WEATHER SAFETY TIPS:

Slow down. Your car needs

three times the distance to stop on slick roads. Maintain six to eight seconds between you and the vehicle in front of you.

Cloudy weather reduces visibility, so use extra caution when passing vehicles.

Be deliberate in maneuvering your vehicle - most skidding is caused by sudden stops and turns.

If your vehicle skids, don't panic. Ease off the accelerator and steer into the direction of the skid.

Do not speed up when navigating through standing water. Doing so may cause the tires to lose contact with the road, causing the vehicle to hydroplane. If this happens, avoid braking hard or turning sharply. Hold the steering wheel steady, and lightly apply the brakes. After the wheels gain contact with the road, slow down until you have full control of the car. After making it through standing water,

lightly pump the brakes to restore normal braking capacity.

Be prepared. Have tire treads, brakes and wipers checked.

If you are having car trouble, turn on your hazard lights and pull off the road as far to the right as possible. Ignite flares or signal for help. Stay in your car unless it is in danger of being hit by other vehicles.

The AAA affiliate for Northern California, Nevada and Utah serves nearly 4 million members with an array of automotive, travel, and insurance services.

WEATHER CONDITIONS ON WEB

New this winter on Travel Michigan's web site at www.michigan.org, are road conditions reports, provided by the

Michigan State Police, updated twice daily.

"During the winter months, when Michigan's weather conditions can change from clear and dry to clouds and significant

snowfall in a matter of hours,

drivers are encouraged to check out weather and road conditions before traveling," said Richard Czuba, director of Travel Michigan. "It is our goal that every-

one traveling Michigan high-

ways and secondary roads this holiday season, arrive at their destinations safely. We encourage using this service," he added.

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THE **Observer & Eccentric** NEWSPAPERS

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Soccer refs

New soccer referee training will be held from 9 a.m. to 1 p.m. on Feb. 7, 14, 21 and March 7 at Canton Township Hall. Those interested in becoming a soccer referee must attend all four sessions.

You must be at least 12-years-old to take this class. To register, send your name, social security number and a check for \$43 made payable to the Michigan Referee Committee to: P.O. Box 700260, Plymouth, MI, 48170-0945.

For further information, call (313) 454-7355. Class size is limited.

Tennis Tournament

Steven Thomas, a senior at Plymouth Salem High School, won the boys 18 and under singles title at the Huron Valley Tennis Club Tournament Dec. 21. He defeated Ramsey Trix from Ann Arbor Greenhills High, 6-3, 6-3 in the finals.

Team USA

Plymouth Whalers forwards David Legwand and Jesse Boulerice are playing with Team USA in the World Junior Championships in Finland.

The Americans dropped a 4-2 decision to Russia Tuesday. Legwand and Boulerice played in the game, but failed to score. The tournament runs through Jan. 3.

Racquetball League

A men's winter racquetball league will begin Jan. 14 at Body Rocks-Racquetball in Livonia. Players will be divided into divisions based upon ability level. Registration is under way and the cost is \$100 per person. Canton Parks and Recreation is sponsoring the league. Players can register at the Canton parks and rec office located at 46000 Summit Parkway.

Recreation Basketball

A men's recreation basketball league will begin Jan. 7 at Field Elementary School in Canton. Games will be played Wednesdays from 6:45 to 9:45 p.m. The league lasts for 10 weeks at a cost of \$25 per person. Canton Parks and Recreation is sponsoring the league for Canton residents only. Register in person at the park and rec office at 46000 Summit Parkway in Canton.

Bike Trekkers

Serious bikers can get on the right track Sunday mornings by joining members of Bike Trekkers for a ride through West Bloomfield. Bike Trekkers meets at 8 a.m. each Sunday morning at the West Bloomfield Recreation Center and ride 10-15 miles on various routes through the subdivisions of West Bloomfield.

Routes include both paved and dirt roads as well as the West Bloomfield Trail Network. Bike treks may also take riders outside West Bloomfield.

The program is free and there are no residency requirements. Cyclists must be at least 16 years of age, have a bike with sturdy tires that can endure gravel roads, and must wear a helmet.

For more information call Doug McEwen at (248) 738-2500 or leave a message at (248) 788-3940. The Parks and Recreation Center is located at 4640 Walnut Lake Road, west of Orchard Lake Road.

Skaters needed

The Southfield Ice Company is looking for skaters to perform in its 1998 production.

Arguably one of the top ice shows in the metro area, Ice Company 1998 takes place Wednesday, May 13, through Sunday, May 17, at the Southfield Sports Arena (26000 Evergreen Road, just south of I-696). Wednesday and Friday performances are at 7:30 p.m.; Saturday shows are 1:30 and 7:30 p.m.; and Sunday performances are 1:30 and 5:30 p.m.

The auditions are open for skaters ages 5 years and over. Following is the audition schedule: Saturday, Nov. 8 from noon to 2 p.m.; Monday, Nov. 10 from 4:15-5:50 p.m.; Tuesday, Nov. 11 from 11 a.m. to 12:50 p.m.; Wednesday, Nov. 12 from 4:30-5:30 p.m.; and Monday, Nov. 17 (for soloists only) from 4:15-5:50 p.m.

For more information, call 354-9357.

Lopez shines at Madonna

BY SCOTT DANIEL
STAFF WRITER

Behind every good young basketball player there's usually a devoted parent. Someone that teaches their child the fundamentals of the game and how to be a good sport. In that regard, Andres Lopez isn't much different than other players.

But it wasn't always his dad that did the tutoring.

"I use to shoot a lot with mom and dad," said the Madonna University forward. "But mom worked on my jump shot with me."

Andres, who graduated from Plymouth Salem last June, learned his

lessons well.

The freshman is playing about 10 minutes per game and making solid contributions for the Division II Crusaders. Coach Bernie Holowicki said Lopez has a bright future.

"He's a very smart player, an intelligent basketball player," he added. "You tell him something once and he knows it."

Holowicki, in his third year with Madonna, thinks the Plymouth product could start within a few years.

"It's possible, yes," he said. "Andres is a worker, not a shirker."

Lopez knows that he has a long road to travel before getting those major

minutes, however.

"I see myself as a starter," he said. "But I have to work for it."

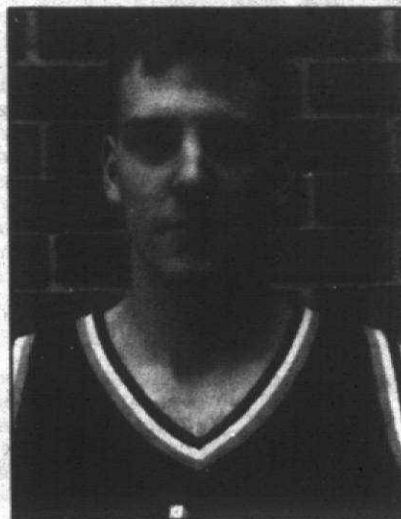
Basketball, you might say, is in the 18-year-old's blood.

His maternal grandmother played hoops back in the 1920s. Lopez' father played high school ball, too, and later encouraged his son.

Still, Andres credits his court prowess to "my mom's side of the family."

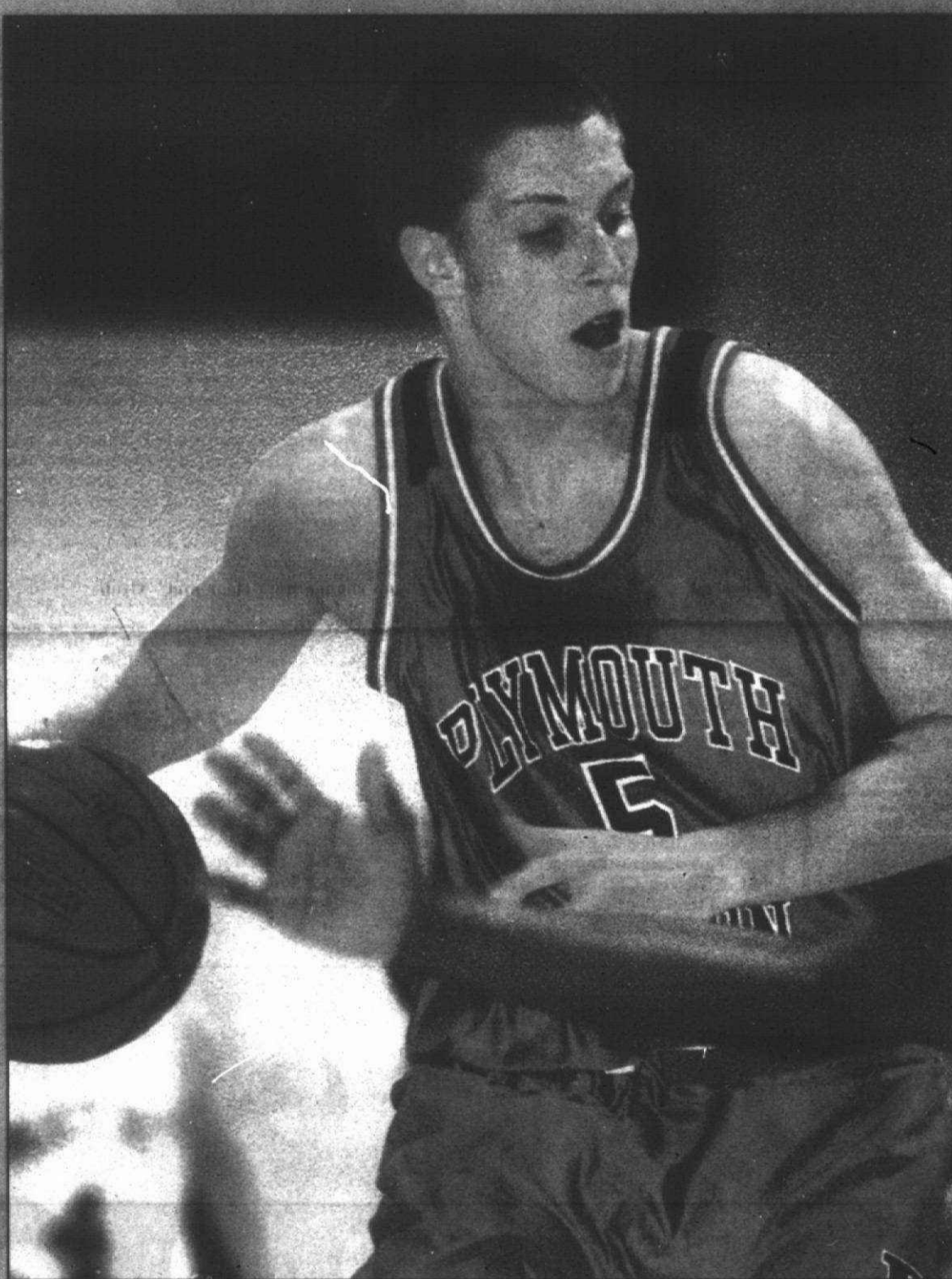
He began playing early, first with his parents and then in town recreation leagues. Lopez needed just a year's experience before joining Salem's varsity

See LOPEZ, E2



Andres Lopez

Tourney Time



STAFF PHOTO BY BILL BRESLER

Straight ahead: Scott Saulski and the rest of Plymouth Canton return to the hardwood tomorrow night in the Traverse City Tournament. The Chiefs play two games and then take a week off before facing Ann Arbor Huron at home Jan. 6. Campus rivals Plymouth Salem played in the Grosse Ile Tournament last night and will test its luck tomorrow. Read Thursday's Observer for complete details.

DePorres beats CC by four

BY STEVE KOWALSKI
STAFF WRITER

Detroit St. Martin DePorres made it two for two against Catholic League Central Division boys basketball opponents, beating Detroit Catholic Central in the first round of the River Rouge Holiday Tournament Friday night.

The Eagles, members of the AA Division, led most of the way and settled for a 67-63 victory over the Shamrocks.

DePorres, which beat another Central Division team, Redford Bishop Borgess, in the season opener, took a 3-0 overall record into the championship game Saturday night against River Rouge. The Shamrocks were to play Ecorse, Rouge's first-round opponent, in the consolation game.

The loss was the first of the year against two victories for the Shamrocks.

CC's 6-foot-11 senior center Chris Young, bound for Michigan, was held scoreless in the first half and finished with 10 points.

Senior guard Joe Jonna helped the Shamrocks keep it close, scoring most of his team-high 17 points in the first half.

Junior guard Nick Moore had 10 of his 12 points in the first half, but DePorres coach Derrick Owens was even happier with the defense applied to Moore than on Young.

Junior guard Marc Sturdivant guarded Moore and junior center Aloysius Anagonye was responsible for guarding Young with help coming from both sides as well.

"Our first key was Nick Moore," Owens said. "Everything goes through him. You kill the head, the body dies. We're still doing too much lunging for me, though. We can't be playing that 'Olay' defense."

Junior guard Jason Owens, the coach's son, and Anagonye led DePorres with 15 points each. Sturdivant contributed 12.

Anagonye had some impressive dunks off passes in the paint from his teammates.

"He's going to be a force to be reckoned with," Owens said.

The Shamrocks were out rebounded by the Eagles. Justin Ockerman, a 6-10 freshman center expected to help Young on the boards, didn't play after picking up two quick fouls in the first

See CC HOOPS, E2

Coming up Roses

Former Harrison star dreams of national title

BY DAN O'MEARA
STAFF WRITER

If the University of Michigan wins the Rose Bowl Game on New Year's Day, the victory will complete a big year in sports for the Bryant family of Farmington Hills.

Kevin Bryant is a redshirt sophomore playing for the No. 1-ranked and undefeated Wolverines, who are on the verge of winning their first national championship in 50 years.

His younger brother, Ricky, played a key role in Farmington Harrison winning the Class A high school title a month ago and posting a perfect, 13-0 record.

A former Harrison star himself, Kevin helped the Hawks win back-to-back state titles in 1993-94 and watched his brother in this year's final game against Midland Dow at the Silverdome.

"That was the only game I saw and I was nervous for him, but I was so proud of him," said Kevin, who spoke via the telephone Friday from Pasadena, Calif. "A lot of people say he's going to come up here and take my position."

"We talk all the time and tease each other. I tell him I have two rings and am about to have three; he just got his first."

Bryant began his college career as a defensive back but is now a backup wide receiver who also plays on special teams.

Senior Russell Shaw is ahead of him on the depth chart, but Bryant hopes to see the ball Thursday against Washington State and make the starting lineup next season.

"The last half of the season I was working a lot at wide receiver," he said. "They were trying to work me in with the first group."

Bryant, who goes against Heisman Trophy winner Charles Woodson every day in practice, caught passes in the Indiana and Notre Dame games. He'll be on the field Thursday for both kickoff teams as well as punt returns.

"I'm happy with (his U-M career to date), because each year I've moved up, and next year I hope to be taking over the wide receiver position," he said. "I'm growing and learning a lot and getting a good education."

"I was expecting to see more (playing time), but I wasn't mad at what happened this season. I'm happy with my contribution, and the coaches are happy with it."

Bryant has as his personal motto the Latin phrase "carpe diem," which means to seize the day, make the most of it.

"Every chance I get to practice or play in a game, I

CC hoops from page E1

half. The Shamrocks' smaller players aren't athletic enough to rebound with DePorres, but coach Rick Coratti believes more hustle could have given them a much better chance.

The Eagles missed 20 of 35 free throw attempts, including several front ends of one-and-one attempts, but all that did was help pad the Eagles' rebounding statistics.

"We just got outstuffed on the boards, period, all of them," Coratti said. "They are a pretty good rebounding team and we had to keep them from getting second and third shots and we'd have a chance. We had a shot at them, got them to miss at the line, and we don't rebound."

"They did a good job defending our post. Jonna kept us in it and Adam (Tubaro) gave us a spark (with six points off the bench). We want to play hard (Saturday night) and get ready for the (Catholic League) season. I told them going in this tournament would be a good experience no matter what happens."

CC trailed by as many as 16 midway through the third quarter before Young sparked an 8-0 run to cut the deficit to eight. DePorres turned the ball over twice and Young had a tip-in and inside basket to go with a blocked shot during the rally.

Moore and Jonna also had driving baskets.

"I thought that was going to be when they broke," Young said.

DePorres got the lead back to 11 but Jonna cut the deficit to 49-41 after three quarters following an off-balanced left-handed layup and free throw to finish a three-point play.

CC got as close as five points

three times in the fourth quarter — once after a basket by Tubaro, again with 1:13 remaining following two free throws by Moore and with 29 seconds left after a three-point shot by Rob Sparks. DePorres managed to hold on despite making only three of its last six free throws.

Young accepted much of the blame for the loss.

"I'm just not fighting hard enough to get through it, getting outworked by everyone on the floor," Young said.

the polls will take care of themselves, so we're just concentrating on Washington State."

Bryant is making his second trip to California — he was there previously on a family vacation — and enjoying the change from the dull, gray, December weather in Michigan.

"It's beautiful out here," he said. "During practice, I can look over and see the mountains; it's real nice. It's nice and sunny; there's a nice breeze."

Big Ten teams usually have trouble getting back on track a month after the regular season, have found the nice weather too distracting and traditionally haven't done well in the Rose

RECREATION SPORTS

PLYMOUTH ADULT BASKETBALL STANDINGS				PLYMOUTH ADULT CO-ED VOLLEYBALL STANDINGS			
TEAM	W	L	PTS	TEAM	Matches	PTS	
Happy Hoopsters	2	0	7.13	Over The Hill Gang	3	21	
All For One	2	0	6.12	We Dig	3	17	
Laurel Manor	1	1	4.7	Toe Jams	3	19	
T-Rex	1	1	2.5.5.5	Back Again	3	12	
Team No. 3	0	2	3	Ball Busters	3	9	
Birch Construction	0	2	1.5.1.5	Team No. 4	3	4	
				Ward Pres. No. 1	3	2	
				Carol's Crew	3	0	

Bryant from page E1

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Kevin Bryant

THE WEEK AHEAD

BOYS BASKETBALL		WOMEN'S COLLEGE BASKETBALL	
Monday, Dec. 29	Grosse Ile Tourney, 6 & 8 p.m. (Tavara City Central Tourney)	Tuesday, Dec. 30	Saginaw Valley at Madonna, 7 p.m.
Tuesday, Dec. 30	Canton vs. Grandville, 6 p.m. T.C. Central vs. Holland, 7:30 p.m.	Wednesday, Jan. 1	Schoolcraft at St. Clair, 1 p.m.
Wednesday, Dec. 31	Traverse City Tourney, 6 & 7:30 p.m. Wayne vs. Detroit Derby at Cobo Arena, 6 p.m.	Thursday, Jan. 2	Ontario Hockey League at Compuware Arena, 2 p.m.
Thursday, Jan. 3	Michigan State vs. Eastern Michigan at Cobo Arena, 6 p.m.	Friday, Jan. 3	Ply. Whalers vs. Erie Otters at Compuware Arena, 7:30 p.m.
Friday, Jan. 3	Schoolcraft at St. Clair, 3 p.m. Oakland CC at Macomb, 3 p.m.	Saturday, Jan. 4	Whalers at S.S. Marie, 7:30 p.m.
		Sunday, Jan. 5	Ply. Whalers vs. London Knights at Compuware Arena, 7:30 p.m.

WOMEN'S BASKETBALL

Sunday, December 28, 1997

MICHIGAN vs. OHIO STATE

Tip Off 2:00 pm. at Crisler Arena

Next Home Game - December 30 vs. Minnesota

SEC General Admission SEAT Seating PRICE \$3.00	Women's Basketball Sun. Dec. 28 vs. Ohio State Crisler Arena • 2:00 pm SCOUT DAY Team Poster Giveaway NO REFUNDS, NO EXCHANGES	SEC General Admission SEAT Seating PRICE \$3.00 Plymouth
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HOOP HAPPENIN' is coming!
Sun. Jan. 4, 1998 • 8pm Doors open 5pm

Lopez from page E1

ty lineup.

He started several games his sophomore year and helped the Rocks to about 15 wins. By his junior season, Lopez gained a starting job.

Salem rebounded from a rocky year to win division and district titles his senior year. Individually, it was his best season as he averaged about 13 points as six rebounds.

"My senior year," said Andres, "we had more guys to compliment me. Everyone knew how each other played."

He still keeps close tabs on the Rocks, which are off to a 1-2 start this year.

"I miss playing there," he said, "but there comes a point in time when you need to move on."

Lopez appeared ready to move on to Albion College.

The Britons, along with Madonna and several other schools, recruited the 6-foot 4-inch forward. He signed with Albion, though, back in March.

After working at several summer camps at the school, Lopez began to have doubts about his decision. He discovered that his first year at the Division III school would like be playing for his junior varsity.

"I thought I was better than JV in college," Andres said.

By early July, after registering for classes at Albion, he decided not to go. After talking with Holowicki, a high school coaching legend at Detroit Catholic Central, he decided to head to Madonna.

PROFILE

"I'm happy I made the choice to come here," Lopez said. "I think it's the right choice."

While it may have been the right choice, it's not to say that it has taken some getting used to, both on the basketball court and academically.

Lopez is undecided about a major, although he's considering secondary education and broadcasting. No doubt his mom, Anna, a high school teacher at Redford Thurston, is hoping he picks the former.

"She tells me that I'd be a good teacher," Andres said. "I'm good with kids."

Basketball practice began in mid October. It was tough juggling his hoop and academic commitments at first.

"The first week was rough," he added. "I was used to being done by 12:30 and not having anything to do. After that, I fell into a rhythm."

A pretty good rhythm at that. Lopez finished his first college semester with a 3.2 grade point average.

The Crusaders, unfortunately, haven't fared as well. Madonna is off to a 1-12 start.

Several factors have contributed to that mark.

The Crusaders lost 6-8 all-league performer Mike Maryanski to injury before the season started. Then the team's other big

man didn't return to school.

Madonna was left with a lack of size. Holowicki said it forced his team to change styles from fast-breaking to slow it down, methodical-style offense.

"We're just out manned," he added. "I'm not mad at the guys. How could I be? They work very hard."

The Crusaders are also extremely young with seven freshmen and only a few seniors on the roster.

"We start three freshmen and two sophomores," Holowicki said. "No other team in the league can say that."

Lopez said the team is progressing.

"We've come a long way since October," he commented. "We've made a vast improvement from the first game."

Madonna begins its Wolverine-Hoosier Athletic Conference schedule after the holidays. Holowicki said it won't get any easier with three of Division II's top 20 teams in the league.

"It's a good basketball league," he said.

Lopez said the veteran coach has helped the team stay loose despite tough times.

"He's got a lot of sayings, a lot of one-liners," Andres noted.

After winning so much with Salem, losing hasn't been easy, he added. But he's approaching it with a positive attitude.

"You can't let it get you down," Lopez said. "You've got to learn and build from it."

Sports movies get unfair shake from windy critics

BY SCOTT DANIEL STAFF WRITER

PERSONAL COLUMN

I always get a kick out of reading movie reviews. Many critics, it seems, are more intent on impressing readers with their vocabularies, knowledge of film making and brilliant insights rather than telling a bit about the movie and its stars.

Critics' final ratings often seem to be skewed, too.

Movies with certain actors and actresses always get a higher rating. When's the last time a Susan Sarandon film got one star?

Sports movies, on the other hand, always seem to start out with a strike against them. So what if *Rudy* got bad reviews, I loved it.

I'll bet many other of you sports fans feel the same way. To paraphrase a famous line from *Network*, we're mad as heck and we're not going to take it any more.

With that in mind, I began thinking about sports movies.

There have been more of them made in the past few years than before. That's good, I believe, because there are many good stories about athletes and sports in general that have yet to be told.

But it also brings up another question. What are the best sports movies of all time?

Raging Bull is at the top of many lists. Everyone has their opinion, though.

That being the case, I've come up with a list of my 10 favorites. See if you agree with my picks.

Hoosiers

Gene Hackman plays a high school basketball coach in rural Indiana. With a fiery and disciplinarian style, he guides his small town squad into the state finals.

The movie is based on a true story. It's underdog appeal is simple, but no less gut-wrenching and upbeat. It's David versus Goliath.

Hackman makes you believe he's an old hand at coaching. Dennis Hopper also gives a strong performance as an alcoholic father of one of the players.

Slap Shot

It's rank. It's raunchy. It's downright fun.

Made in 1977, it's the story of a minor league hockey team stuck in a losing streak. Paul Newman is the coach, player and leader of the squad.

The Hanson brothers, of course, have made a living off of their appearance in the movie. Spouting their "old-time hockey" credo, the trio help revive the team.

Not for the faint of heart.

The Natural

As you can see, my list has a bias towards baseball. But, hey, it's my list.

Anyway, *The Natural* is a touching story. Robert

Redford plays Roy Hobbs, a player of unbelievable talent whose youth is stolen by a psychotic older woman.

After being out of baseball for more than a decade, Hobbs returns in his late 30s for one final shot as a pro. Despite the reluctance of a manager played by Wilfred Brimley, he earns a spot on the New York Knights and leads the team to glory.

The movie gives a somewhat romantic portrayal of baseball in the old days, but it's well worth renting if you haven't seen it.

Rocky

Forget the sequels, which were pieces of trash. The original remains a classic.

Sly Stallone plays Rocky Balboa, a club fighter that gets a one-in-a-million shot at glory. Before the viewers eyes, Rocky is transformed from a down-and-out bum to a courageous warrior.

Burgess Meredith plays his crusty old trainer. Carl Weathers is the heavyweight champ that gets more than he bargained for.

Bull Durham

Costner and Tim Robbins star in a comedy about minor league baseball.

Costner is Crash Davis, a hard-hitting, hard-drinking veteran catcher. Robbins is a rookie pitcher with a million-dollar arm, but two-cent head.

The movie has numerous hilarious moments. None are better than Costner explaining to Robbins how to give a press interview.

"If a reporter asks how the team is going to do, here's what you tell 'em. 'We're gonna take it one game at a time. I just want to help the team and give 100 percent.'"

Priceless.

Major League

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Priceless.

In hopes of moving the Cleveland Indians to Florida, the owner puts together a team of has-beens, re-treads and never-weres to kill attendance.

The Tribe spoil those plays by making the play-offs and putting fans in the seats. Tom Beringer, Corbin Bernsen and Charlie Sheen star.

It's not Oscar material, but it's funny and you do pull for the players.

Jim Thorpe - All-American

Now here's one you probably haven't heard of. Made in 1951, the movie stars Burt Lancaster as Jim Thorpe, a great multi-sport athlete from around the turn of the century.

The story runs the gambit of emotions. It shows Thorpe's rise to Olympic fame and his fall to side show attraction.

By today's standards, the movie is primitive. But it doesn't diminish the strength of the story.

Brian's Song

This one goes in the tear-jerker hall of fame.

It's the true story of Chicago Bear Brian Piccolo and his battle with cancer. The movie chronicles his friendship with running great Gale Sayers and how that bond is tested by illness.

James Caan and Billy Dee Williams star in what was a made for TV movie.

North Dallas Forty

Nick Nolte plays a burned-out NFL wide receiver battling his failing body and team management. Mac Davis plays his quarterback friend.

The film is good for plenty of laughs and also provides a look at the personal costs of playing professional football. Oakland Raiders' great John Muszak co-stars.

Scott Daniel is a staff writer for the Observer newspapers.

Outdoor Calendar

<h3>DATES/DEADLINES</h3> <p>BASS Bass season ends statewide on Dec. 31.</p> <p>DEER The second archery season runs through Jan. 1 statewide. A special late antlerless only firearms season runs through Jan. 4 on private land only in Zone III.</p> <p>GOOSE The special late Canada goose season runs Jan. 2-Feb. 1 in southern Michigan. The boundaries for the late hunt have been changed this year and are now the same as those for the South zone. The entire south zone is open during the late hunt with the exception of the five GMU's.</p> <p>SQUIRREL Fox and gray squirrel season runs through Jan. 1 statewide.</p> <p>RABBIT Rabbit season runs through March 31 statewide.</p>	<h3>FISHING CLUBS</h3> <p>CLINTON VALLEY BASS ANGLERS Clinton Valley Bass Anglers is seeking new members (boaters and non-boaters are welcome.) The club meets monthly at Gander Mountain in Waterford. The next meeting is slated for 10 a.m. Sunday, Jan. 11. Call Mike Daly at (248) 666-8910 for more information.</p> <p>METRO-WEST STEELHEADERS Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-5027 for more information.</p> <p>MICHIGAN FLY FISHING The Michigan Fly Fishing Club meets at 7 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Junior High School. Call (810) 478-1494 for more information.</p> <p>FOUR SEASONS The Four Seasons Fishing Club meets 7:30 p.m. the first Wednesday of each month at the Senior Citizen's Center in the Livonia Civic Center. Call Jim Kudej at (313) 591-0843 for more information.</p> <p>FISHING BUDDYS Fishing Buddys Fishing Club</p>	<h3>SHOOTING RANGES</h3> <p>BALD MOUNTAIN Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5-stand), rifle, pistol, and archery shooting facilities. Range hours are noon to sunset on Mondays, Tuesdays, Thursdays and Fridays.</p> <p>PRIME PLUMBING INC. Clean Prompt Service Water Heaters Competitive Prices Residential & Commercial Free Estimates Licensed & Insured Over 30 Years Experience 563-0130</p>	<h3>MICHIGAN DEKHOCKEY CENTER</h3> <p>45109 Michigan Ave. • Canton • 2.2 Miles W. of I-275</p> <p>Now Registering for WINTER LEAGUES!</p> <p>DEKHOCKEY (Street Hockey) "The Fastest Game On Two Feet" For Individuals and Teams</p> <p>Include:</p> <ul style="list-style-type: none"> • Games plus playoffs • Trophies for Division Winners All age divisions (ages 4 and up) Family Rates Available Sign-Ups Begin Now thru Jan. 2, 1998 Games Begin Week of Jan. 5, 1998 <p>Play Your Best, Be Your Best, Make the Challenge! (313) 397-8900</p>
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Rather pick up the phone? That's cool. Our subscription lines are 313-591-0500 or 248-644-1100.

Rich is about to join the 3-2-1-SOLD! club.

Rich was up in the attic the other day and saw his old bowling gear. He'd like to sell it along with his wife's Vaughn Monroe record collection and a couple of other things, but doesn't want to spend a lot on an ad. Who does?

Our 3-2-1—SOLD! offer is just what you need when you have things to sell for under \$200.

Here's how it works:

1. You get 3 lines to describe your item (remember, you have to be asking less than \$200)
2. You get to run your ad for 2 days (one week)
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You could say our 3-2-1 plan is as easy as 1-2-3!

Rich did.

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A HomeTown Communications Network™ publication

RECREATION

Backyard bird feeders important because winter cold takes its toll

Cold weather is tough on most small game but song and other non-game birds that use backyard feeders are particularly vulnerable. Some of the most important things to consider for birds during January and February are water and the quality of food...

DATES/DEADLINES

BASS Bass season ends statewide on Dec. 31. DEER The second archery season runs through Jan. 1 statewide. A special late antlerless only firearms season runs through Jan. 4 on private land only in Zone III.

OUTDOOR CALENDAR

METROPARKS METROPARK REQUIREMENTS Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs.

CLASSES

FLY TYING The Challenge Chapter of Trout Unlimited and Birmingham Continuing Education will offer a 10-week fly tying class beginning at 7 p.m. Monday, Jan. 19, at Birmingham Seaborn High School.

SHOOTING RANGES

BALD MOUNTAIN Bald Mountain Recreation Area in Lake Orion has shotgun, skeet & trap, sporting clays, 5-stand, rifle, pistol, and archery shooting facilities. Range hours are noon to sunset on Mondays, Tuesdays, Thursdays and Fridays.

ARCHERY

JUNIOR OLYMPICS The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays.

STATE PARKS

STATE PARK REQUIREMENTS Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area and Island Lake Recreation Area offer nature interpretive programs throughout the year.

OUTDOOR CLUBS

SOLAR The School for Outdoor Leadership, Adventure and Recreation, a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield.

FISHING CLUBS

CLINTON VALLEY BASS ANGLERS Clinton Valley Bass Anglers is seeking new members (boaters and non-boaters are welcome). The club meets monthly at Gander Mountain in Waterford.

New changes in store for 1998

I wish all of my readers a very Happy New Year with good health and great bowling for all. In 1998 we can look forward to an upswing in the sport of bowling. There are forces at work to enhance the public image of the sport, to continue efforts to reach the next Olympic games as a medal sport, and to attract new bowlers.

AMERICAN HOUSE RETIREMENT RESIDENCES. Suites, efficiencies, one and two bedroom apartments. Delicious meals prepared daily by our staff. Convenient laundry and linen service. Scheduled transportation in American House buses.

Florida HOME SHOW. Explore the Latest Florida Lifestyle Trends! Get details about popular Sunshine State areas: Southeast Region... Gulf Coast... Central Florida. Single-Family Homes... Manufactured Homes... Villas.

METROPARKS

1996 PERMITS The 1998 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 and \$8 for senior citizens.

OAKLAND COUNTY PARKS

COUNTY PARK REQUIREMENTS Advanced registration is required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

RECYCLE CHRISTMAS TREES

Ten Oakland County Parks will be recycling Christmas trees through Jan. 11. Trees may be dropped off 9 a.m.-4 p.m., seven days a week. Independence Oaks and Orion Oaks will remain open for Christmas tree recycling through Jan. 25.

STATE PARKS

STATE PARK REQUIREMENTS Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area and Island Lake Recreation Area offer nature interpretive programs throughout the year.

Health News

MEDICAL BRIEFS

VFW, Red Cross drive VFW Post 804 Engineers of Westland will be the host site of an American Red Cross Blood Drive from 2-7 p.m. Tuesday, Jan. 6.

Behavioral health line

Oakwood Healthcare System has made behavioral health treatment just a phone call away. The Central Intake Center is available 24 hours a day, 7 days-a-week and staffed by experienced mental health professionals who can immediately arrange treatment services into any of Oakwood's Behavioral Health sites.

Breastfeeding beyond

Pathways to Parenting: "Breastfeeding beyond the first six weeks," will be a program sponsored by Botsford General Hospital lactation consultant Elaine Webster. This new monthly support group, which meets the first Wednesday of each month, gives new moms an opportunity to network with peers, share concerns and obtain information, free of charge.

Snow named director

St. Joseph Mercy Hospital - Ann Arbor has named Louise Snow, BSN, as its new administrative director of Oncology. Her duties include oversight of the outpatient services provided through McAuley Cancer Care Center, located on St. Joe's East Huron River Drive campus.

Hearing screenings

Join MedMax of Westland for a day full of complimentary hearing screenings, Friday, Jan. 2 at 35600 Central City Parkway (across from Westland Mall). Call (313) 458-7100 to register.

Childbirth education

This six week course provides information on pregnancy, labor and delivery, newborn care and postpartum care. Weekend classes and a two session refresher class are also available Jan. 5 and 15. Register early in your pregnancy by calling Garden City Hospital, 458-3242.

Prenatal exercise

The Marian Women's Center at St. Mary Hospital in Livonia will offer a six-week Pre-natal Exercise class that meets for 90 minutes one day a week and is designed to promote fitness and a healthy lifestyle prior to and following delivery. Class dates are Jan. 7, 14, 21, 28 and Feb. 4 and 11 in the Pavilion Conference Room A from 6:30 p.m. on Wednesday. Cost is \$85 per person. The class includes warm-ups, stretching, low-impact aerobics, cool-down and relaxation techniques. Registration is required by calling MWC at (313) 655-1100 or toll free 800-494-1615. St. Mary Hospital is located at Five Mile and Levan in Livonia.

Items for Medical Briefs are welcome from all hospitals, physicians, companies and residents active in the Observer area. Medical Briefs c/o The Observer Newspapers 30251 Schoolcraft Road Livonia, MI 48150 Or faxed to (313) 991-7279

POINTING A FINGER

IMPROPER PROCEDURES CAN CAUSE DAMAGE AND NAIL LOSS

By Kimberly A. Mortson Staff Writer If you treat yourself to a weekly or monthly manicure, more thought should go into who's maintaining the condition of your nails than what color polish to choose. The popularity of nail enhancements such as tips, silk wraps, gel and acrylics has grown increasingly greater in the last five years while simultaneously creating a dangerous epidemic in the industry that has many licensed nail technicians and manicurists fearing for their clients well being.



Damaging effects: The use of methyl methacrylate can cause skin reactions, eye irritations and cracks in the nail bed as pictured above. Injuries suffered by the nail wearer were done more than three years ago and the plate continues to show signs of damage.

the nail powder into an artificial nail. Common hazards Fingernail products fabricated with methyl methacrylate monomer are reportedly causing incidents of skin reactions, permanent nail bed damage, nail loss and respiratory/nostril membrane damage from long-term exposure. One of the most common hazards is the strong bond the substance has to the original nail that doesn't permit a clean break of the nail tip when the finger is jammed or caught. Instead, a complete and painful tear of the acrylic tip along with the natural nail can occur resulting in an injury that can be both dangerous and permanent.

Healthy nails are at your fingertips

Nails can represent an art form, a fashion statement, a method of personal expression and a mirror of inner health. Dermatologists can improve the appearance of the nail, recommend cosmetics that can maintain nail health, treat nail disease, and diagnose other conditions of medical importance, based on the appearance of the nails. Short or long, decorated or plain, your dermatologist can help you keep healthy nails for life. The lifespan of the nail begins before birth. Properly formed, smooth nails in a newborns reassure that all is well. Teen-agers value nails for their fashion versatility. Men and women recognize that healthy nails present a positive image beginning with the first hand.



Nail business: Laurie Lock, owner of Nails and More in Westland puts the finishing touches on the nails of a regular customer. Lock says she's seen an increase in new clients wishing to have acrylic nails, treated with MMA, removed as a result of its strong bond.

Finding a nail professional

Nail technicians, licensed by the state of Michigan, must renew their accreditation annually and are required to have up to 300 hours of training prior to certification. Some important rules of thumb, say technicians, you should look out for when searching for a reputable nail professional include: Make an effort to have your nails done by the same person on a regular basis. If there's something wrong with your nail, say an infection or fungus, your manicurist should keep a file on you and monitor the condition from visit to visit.

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Computers as gifts, don't be overwhelmed



MIKE WENDLAND

PC TALK
A lot of folks got new computer systems for Christmas and are just now venturing out into Cyberspace, wondering what the rules are and where they can find the coolest sites.

It's a confusing time for the Net newbie because there are so many options and new procedures.

Let's start with how you are identified on the Net.

As soon as you are "wired" or provided an online account, you should have received your e-mail address. It consists of the user name you sign on with followed by the symbol @, as in "at," followed by the name of the place that gives you Net access. That's called the "domain" or the computer that "hosts" your account.

For example, my e-mail address is: mike@pcmike.com. If you break it down, mike is my user name. What distinguishes my mike from the hundreds of thousands of other mike's out there is where I belong. That's the domain part. My domain is pcmike.com and I am the only mike at pcmike.com.

Computer jargon

What does the "com" part at the end of my address mean? I know someone out there is asking that. It means commercial organization. It tells those in the know that my domain is involved in making money (at least I sure hope it is).

Similarly, "edu" means educational institution, "gov" means some sort of government agency, "uk" is from Great Britain and "org" is a non-profit organization. You can easily spot e-mail that someone sent you from one of the commercial online services because it will have a domain of aol.com or compuserve.com.

To read your Internet e-mail, you need a program. There are

stand-alone software packages you can get like Eudora (www.eudora.com) or Pegasus (www.pegasus.usa.com) but the two most popular World Wide Web browsers --- Netscape and Internet Explorer --- come bundled with perfectly adequate e-mail applications.

I wrote a column on November 23rd about the proper "Netiquette" involved in sending e-mail that you can access through my Webpage (www.pcmike.com). When you get to the site, click on "BBS" in the upper navigation bar and you'll see a list of all my columns and special reports. Look for the one called "E-Mail Netiquette."

But assuming you've sent a few e-mails and are working your way through cyberspace, it's time to learn the neighborhood.

Bookmarking saves time

To ease your surfing frustrations, let me offer up PC Mike's Favorite Bookmarks.

Bookmarks, as you've no doubt learned, are electronic placeholders, saved Internet addresses on your browser. If you use Netscape's browser, they're called bookmarks. Bill Gates doesn't want his product to be anything remotely like Netscape's so Microsoft's Internet Explorer calls them "Favorites."

But "Favorites" are the same thing as "Bookmarks," a collection of your favorite Web sites.

The first thing you'll want is a bookmark for finding stuff. Search engines, people finders, newsgroup search engines and the like.

The Search and Research Master List (<http://www.wimer.net/search.html>) is a great place to start. It links to several of the most popular search engines, a bunch of telephone directories and even an acronym or abbreviation finder.

Private-Eye.Net (www.private-eye.net/databases.htm) offers an assortment of links to sites that

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Mike Wendland
—columnist, PC Talk

help you locate e-mail and mailing addresses. I particularly like the reverse phone number lookup that lets you enter a phone number to see the person or business that it's listed under.

The search engine I find myself using the most these days is called HotBot (www.hotbot.com). It searches everything on the Net --- newsgroups, the Web, e-mail addresses, business listings and even domain names, if you want to find out who runs a particular Internet site. I like it because it's very fast and lets you search by phrases, individual words, exact names and several other variations.

I'm also finding myself frequently using an auxiliary site that specializes in news stories and articles. It's called NewsBot (www.newsbot.com) and it's searchable by news categories like entertainment, business, sports and technology.

Purdue University has a great site all Net newbies should check out called the Virtual Reference Desk (<http://thorplus.lib.purdue.edu/reference/index.html>). It has complete online dictionaries and thesauri (that's the plural of thesaurus), government directories and maps.

Cyber directions

For the easiest to use online maps, check out Mapquest (www.mapquest.com). You can get maps and driving directions for anyone in the country from this site.

The U.S. Government has a comprehensive site that links to every single government agency that is online. It's called FedWorld (www.fedworld.gov) and it is loaded with information,

databases, reports and abstracts.

Almost all Michigan governmental agencies can be found online, too, under the Michigan State Government site (<http://www.migov.state.mi.us/>)

The Drudge Report (www.drudgereport.com) is a collection of links to online news sources and columns. It's not a flashy site but it's probably the most comprehensive news and information resource you'll find.

If you've ever gone to address a letter or card but found yourself frustrated by not knowing the zip code, then you'll need to bookmark the National Address Server (<http://www.cedar.buffalo.edu/adserv.html>) Just type in the address and this site returns the proper zip code.

Something for free

The Net is loaded with places to get free software. The site I use the most is right here in Southeastern Michigan. It's called the Oak Software Repository (<http://www.acs.oakland.edu/oak.html>) and it's maintained by Oakland University's Office of Computer and Information Services. Another great source for shareware and freeware that should be on your bookmark list is Download.Com (<http://www.download.com/>).

I could go on. But half the fun of the Net is finding your own favorites. These should give you more than enough to discover just how useful the World Wide Web has become.

Have fun.

Mike Wendland covers the Internet for NBC-TV Newschannel stations across the country and can be seen locally on WDIV-TV4, Detroit. His "PC Talk" radio show airs Saturday afternoons on WXYT-Radio AM1270 and he is the author of a series of Internet books (call 888-222-1866). You can reach him through his Web site at <http://www.pcmike.com>

Nails from page E5

stance. Generally speaking, the agency is prepared to consider regulatory action against fingernail products formulated with liquid methyl methacrylate monomer as one of its ingredients."

OPI Research and Development Director Sunil Sirdesai said the most serious health risk women face is MMA's ability to bond like nothing else. "When a woman jams her finger she should expect the acrylic to pop off with no harm to her natural nail," said Sirdesai. "MMA has super excellent bond and won't allow the nail to break free without taking a person's own nail with it."

Nail technicians say their best advice is to be "beauty wise." You may be pampering yourself but in haste, unknowingly hurt-

'We've seen customers come to us with their own finger nail missing or barely attached, holes in the nail plate and splits across the entire nail.'

Laurie Lock
—owner, Nails & More

ing yourself at the same time. Don't trade safety to save a few dollars and don't be afraid to ask questions. . . the answers are at your fingertips.

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Blood donations critical during holidays when supplies are low

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Michigan Blood Services Region is working hard to prevent this from happening during the 1997 holidays.

In doing so, Red Cross is appealing to businesses, community organizations, places of worship, social groups and others, with a group of 30 or more donors, to sponsor a blood drive

during the critical period - now through Jan. 4.

Your blood drive sponsorship will help hundreds of hospital patients who need lifesaving blood for their survival. For more information call (313) 494-2790.

The Red Cross understands that the holidays are a very busy time; they are also a dangerous

time for the community blood supply. If you are unable to sponsor a blood drive, please make and keep a blood donation appointment at a Red Cross Donor Center or blood mobile site.

To donate blood, call 1-800-GIVE-LIFE.

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